

# CLASIFICACION CATEGORIAS

## DISTANCIA MD

Fecha 28/05/2017

Ciudad VILLAFRANCA DEL BIERZO

DISTANCIAS	VUELTAS	Temp.
NATACION 17,8	1	18 C
CICLISMO 87,4 Kms	1	16 C
CARRERA A PIE 21 Kms	1	17 C

**Jurado de Competición:**  
**MIGUEL MARTINEZ BASURCO**  
**MARCOS LOBO**  
**JUAN CARLOS GONZALEZ**

**Oficiales:**  
 Delegado Técnico: **MARCOS LOBO**  
 Juez General: **RAUL ZANCAJO**  
 Clasificaciones: **SPORTCHIP**

COMIENZAN 183

FINALIZADOS 154

NO PRESENTADOS

DESCALIFICADOS 7

Pos	Dorsal	Nombre	Apellidos	Club	Pos		Natación		T1	Ciclismo		T2	Carrera a pie		Tiempo Meta	Dif			
					Cat	Cat.	Pos / Tiempo / Vel	Pos / Tiempo / Vel		Pos / Tiempo / Vel	Pos / Tiempo / Vel								
<b>CATEGORIA: VET1M</b>																			
1	11	LUIS	BARBUDO HERRERA	C.D. TRIATLON ERESMA	V1M	1	7	25:14	1:25 min/m	1:53	14	2:27:47	35.5 km/h	1:25	5	1:26:12	4:06 min/km	<b>04:22:33</b>	+0
2	73	JUAN ANTONIO	GARCIA MARTINEZ	CASTRILLON TRIATLON	V1M	2	47	28:51	1:37 min/m	2:33	5	2:22:45	36.7 km/h	1:36	12	1:29:52	4:16 min/km	<b>04:25:39</b>	+3:05
3	15	MARIO	GARCIA MARTIN	C.D. TRIATLON ERESMA	V1M	3	5	23:41	1:19 min/m	1:51	11	2:27:06	35.6 km/h	1:16	27	1:32:32	4:24 min/km	<b>04:26:29</b>	+3:55
4	7	MANUEL JESUS	GAYOSO REAL	TRIA TLON MURALLA DE LUGO	V1M	4	13	26:36	1:29 min/m	2:16	20	2:29:23	35.1 km/h	1:05	15	1:30:18	4:18 min/km	<b>04:29:40</b>	+7:07
5	40	PEDRO	RODRIGUEZ FERNANDEZ	CLUB TRIATLON IMD SEGOVIA	V1M	5	43	28:44	1:36 min/m	2:35	15	2:27:56	35.4 km/h	1:21	14	1:30:00	4:17 min/km	<b>04:30:39</b>	+8:05
6	100	FRANCISCO	BLAZQUEZ HERNANDEZ	INDEPENDIENTE	V1M	6	75	30:53	1:44 min/m	2:44	8	2:26:03	35.9 km/h	1:08	19	1:30:53	4:19 min/km	<b>04:31:43</b>	+9:09
7	14	JUAN ANTONIO	GALVAN CENTENO	TRITOR-TRIA TLÓN TORDESILLAS	V1M	7	82	31:19	1:45 min/m	2:12	10	2:26:56	35.7 km/h	1:04	22	1:31:12	4:20 min/km	<b>04:32:44</b>	+10:11
8	38	DAVID DE	FRUTOS ESCOBAR	CLUB TRIATLON IMD SEGOVIA	V1M	8	34	28:20	1:35 min/m	1:49	52	2:36:08	33.6 km/h	1:30	3	1:24:58	4:02 min/km	<b>04:32:47</b>	+10:14
9	25	PEDRO IGNACIO	CUEVAS JUAN	INTELLIGENT - INTERVAL	V1M	9	33	28:16	1:35 min/m	2:39	38	2:33:11	34.2 km/h	2:04	13	1:29:57	4:17 min/km	<b>04:36:09</b>	+13:36
10	75	MARIO	MARTINEZ MEDINA	CASTRILLON TRIATLON	V1M	10	25	27:41	1:33 min/m	3:28	31	2:31:58	34.5 km/h	2:18	23	1:32:03	4:23 min/km	<b>04:37:31</b>	+14:57
11	96	SANTIAGO	PALACIO FERNÁNDEZ	DAVID GARCIA PONTIGO	V1M	11	59	30:18	1:42 min/m	2:28	50	2:35:16	33.8 km/h	1:13	11	1:28:23	4:12 min/km	<b>04:37:40</b>	+15:07
12	19	ROBERTO	GONZALEZ PASCUAL	BIERZO TRIMAN	V1M	12	74	30:49	1:43 min/m	2:48	32	2:32:00	34.5 km/h	1:18	21	1:31:03	4:20 min/km	<b>04:38:01</b>	+15:28
13	10	RAMON	ARIAS GARCIA	CIDADE DE LUGO FLUVIAL	V1M	13	14	26:37	1:29 min/m	2:18	46	2:34:26	34.0 km/h	2:15	33	1:33:48	4:28 min/km	<b>04:39:25</b>	+16:52
14	28	NACHO	MANZANO FERRERAS	LEGIOTRI	V1M	14	41	28:40	1:36 min/m	2:45	29	2:31:40	34.6 km/h	2:01	58	1:39:02	4:42 min/km	<b>04:44:10</b>	+21:37
15	27	ILDEFONSO	CEGARRA MANZANERA	LEGIOTRI	V1M	15	22	26:54	1:30 min/m	3:00	45	2:34:14	34.0 km/h	2:40	55	1:38:07	4:40 min/km	<b>04:44:57</b>	+22:24
16	39	FRANCISCO JAVIE	HERNAN ALMARAZ	CLUB TRIATLON IMD SEGOVIA	V1M	16	38	28:24	1:35 min/m	2:21	48	2:35:11	33.8 km/h	2:12	56	1:38:15	4:40 min/km	<b>04:46:24</b>	+23:51
17	85	EDUARDO	NAVES ALBERDI	CLUB DEPORTIVO GIMNASIO ARENAS	V1M	17	58	30:16	1:42 min/m	2:45	66	2:39:54	32.8 km/h	1:55	32	1:33:29	4:27 min/km	<b>04:48:21</b>	+25:48
18	91	ALEJANDRO	GIL RODRIGUEZ	CLUB TRIATLON SAMBURIEL	V1M	18	81	31:14	1:45 min/m	2:54	55	2:37:18	33.3 km/h	1:44	47	1:36:37	4:36 min/km	<b>04:49:49</b>	+27:16
19	32	OSCAR	MORCHÓN FUENTES	C.A.T. PARQUESOL	V1M	19	16	26:38	1:29 min/m	2:04	64	2:39:31	32.9 km/h	1:49	61	1:39:56	4:45 min/km	<b>04:49:59</b>	+27:25
20	162	MARIANO	GONZALEZ GUTIERREZ	NO FEDERADO	V1M	20	30	28:02	1:34 min/m	3:07	69	2:40:55	32.6 km/h	2:38	45	1:36:15	4:35 min/km	<b>04:50:59</b>	+28:26
21	79	VICTOR MANUEL	MOURIÑO FORTES	CLUB ATLETISMO PORRIÑO	V1M	21	21	26:52	1:30 min/m	2:35	67	2:40:10	32.7 km/h	1:35	69	1:41:11	4:49 min/km	<b>04:52:25</b>	+29:52
22	103	MANUEL MARIA	MARIÑO CARREÑO	INDEPENDIENTE	V1M	22	94	32:23	1:49 min/m	2:53	81	2:43:28	32.1 km/h	1:32	26	1:32:31	4:24 min/km	<b>04:52:50</b>	+30:17
23	72	OSCAR	DIEZ MAESTRO	C.D.CICLISTA VIBIKE	V1M	23	60	30:20	1:42 min/m	2:44	72	2:41:31	32.5 km/h	1:20	54	1:37:40	4:39 min/km	<b>04:53:38</b>	+31:04
24	69	IGNACIO	PEREZ RODRIGUEZ	C. TRIATLON OURENSE	V1M	24	157	38:58	2:11 min/m	2:30	65	2:39:33	32.9 km/h	1:46	24	1:32:19	4:23 min/km	<b>04:55:08</b>	+32:35
25	45	ROBERTO	MENDEZ ALONSO	SELER UNIVEST TRIATHLON TEAM	V1M	25	122	34:13	1:55 min/m	4:00	78	2:42:45	32.2 km/h	1:25	42	1:35:18	4:32 min/km	<b>04:57:43</b>	+35:10
26	62	JOSE MANUEL	GAVELA OBARRIO	A.D. FEFEME TRIATLON DO MIÑO	V1M	26	107	33:00	1:51 min/m	3:03	43	2:34:10	34.0 km/h	1:47	97	1:46:23	5:03 min/km	<b>04:58:27</b>	+35:53
27	141	CÉSAR	IZQUIERDO ARTABE	TRIA TLON TORRELAVEGA-	V1M	27	97	32:33	1:49 min/m	2:56	74	2:41:46	32.4 km/h	1:58	60	1:39:20	4:43 min/km	<b>04:58:35</b>	+36:01

Pos	Dorsal	Nombre	Apellidos	Club	Pos Natación			Ciclismo			Carrera a pie			Tiempo					
					Cat	Cat.	Pos / Tiempo / Vel	T1	Pos / Tiempo / Vel	T2	Pos / Tiempo / Vel	Meta	Dif						
<b>CATEGORIA: VET1M</b>																			
28	42	CARLOS	SANCHEZ HERNANDEZ	CLUB TRIATLÓN SALAMANCA	V1M	28	9	26:09	1:28 min/m	2:41	80	2:43:28	32.1 km/h	1:38	92	1:45:07	5:00 min/km	<b>04:59:05</b>	+36:31
29	63	OSCAR	FREIRE CORDERO	A.D. TRI-PENTA TERRAS DE LUGO	V1M	29	71	30:45	1:43 min/m	2:59	88	2:44:20	31.9 km/h	1:38	73	1:41:31	4:50 min/km	<b>05:01:13</b>	+38:40
30	94	MANUEL	VILA RIBERA	CLUB TRIATLON SAMBURIEL	V1M	30	127	34:34	1:56 min/m	3:44	71	2:40:58	32.6 km/h	1:40	71	1:41:25	4:49 min/km	<b>05:02:23</b>	+39:50
31	181	ANTONIO	PEREZ VILLANUEVA	NO FEDERADO	V1M	31	137	35:31	1:59 min/m	5:36	23	2:30:23	34.9 km/h	3:02	113	1:49:35	5:13 min/km	<b>05:04:08</b>	+41:35
32	18	JOSE MIGUEL	ESTEBANEZ GAVELA	BIERZO TRIMAN	V1M	32	114	33:34	1:53 min/m	2:46	60	2:37:54	33.2 km/h	1:56	106	1:48:35	5:10 min/km	<b>05:04:48</b>	+42:14
33	190	JULIO	VILA FERNANDEZ	NO FEDERADO	V1M	33	148	37:21	2:05 min/m	3:08	77	2:42:37	32.2 km/h	1:12	72	1:41:29	4:49 min/km	<b>05:05:49</b>	+43:15
34	97	JUAN IGNACIO	GOMEZ LOPEZ	ERMUKO OSTOTS TRIATLOI K. KLUBA	V1M	34	104	32:50	1:50 min/m	3:22	106	2:48:44	31.1 km/h	2:05	63	1:40:17	4:46 min/km	<b>05:07:20</b>	+44:46
35	64	JAIME	MAGDALENA VERA	A.D. TRI-PENTA TERRAS DE LUGO	V1M	35	65	30:33	1:43 min/m	2:47	101	2:47:33	31.3 km/h	1:03	103	1:48:20	5:09 min/km	<b>05:10:19</b>	+47:46
36	90	RAFAEL	MORAN CLEMENTE	CLUB TRIATLON LAS ROZAS	V1M	36	87	31:58	1:47 min/m	3:43	75	2:42:03	32.4 km/h	2:50	119	1:51:35	5:18 min/km	<b>05:12:11</b>	+49:38
37	371	JESÚS	GONZALEZ SANCHEZ	NO FEDERADO	V1M	37	99	32:41	1:50 min/m	4:01	115	2:51:55	30.5 km/h	2:46	70	1:41:16	4:49 min/km	<b>05:12:41</b>	+50:08
38	145	IVAN	RODRIGUEZ CALLEJA	TRIGIJÓN	V1M	38	121	34:12	1:55 min/m	5:32	133	2:56:51	29.7 km/h	2:08	46	1:36:21	4:35 min/km	<b>05:15:05</b>	+52:32
39	102	ABRAHAM	GARCÍA GUTIÉRREZ	INDEPENDIENTE	V1M	39	144	36:39	2:03 min/m	4:20	103	2:48:00	31.2 km/h	3:12	86	1:43:35	4:55 min/km	<b>05:15:48</b>	+53:14
40	29	FRANCISCO	RODRIGUEZ LOPEZ	LEGIOTRI	V1M	40	55	30:04	1:41 min/m	2:55	124	2:54:50	30.0 km/h	2:31	95	1:46:13	5:03 min/km	<b>05:16:35</b>	+54:01
41	131	DAVID	LOPEZ VELASCO	TRI + MORALZARZAL	V1M	41	96	32:30	1:49 min/m	3:37	112	2:51:06	30.6 km/h	2:01	123	1:52:39	5:21 min/km	<b>05:21:55</b>	+59:22
42	122	RAMON	RODRIGUEZ BLANCO	MONTE PENARUBIA RUNNING LUGO	V1M	42	128	34:35	1:56 min/m	3:14	132	2:56:17	29.7 km/h	2:27	96	1:46:21	5:03 min/km	<b>05:22:57</b>	+1:00:24
43	22	CELSO	ALONSO NUÑEZ	CLUB DEPORTIVO TRIATLON BIERZO	V1M	43	155	38:48	2:10 min/m	4:32	127	2:55:33	29.9 km/h	2:37	76	1:41:40	4:50 min/km	<b>05:23:13</b>	+1:00:39
44	147	JAVIER	MARTIN ALVAREZ	TRINITY TRIATLON	V1M	44	111	33:15	1:52 min/m	3:34	104	2:48:07	31.2 km/h	2:02	132	1:56:35	5:33 min/km	<b>05:23:34</b>	+1:01:00
45	44	JOSE RAUL	FERNANDEZ ENCINAS	SELER UNIVEST TRIATHLON TEAM	V1M	45	54	30:03	1:41 min/m	2:54	109	2:49:34	30.9 km/h	1:23	136	2:00:28	5:44 min/km	<b>05:24:24</b>	+1:01:51
46	21	DIEGO	SECO LAMAS	BIERZO TRIMAN	V1M	46	169	42:36	2:23 min/m	3:39	107	2:48:55	31.0 km/h	1:18	114	1:50:12	5:14 min/km	<b>05:26:41</b>	+1:04:08
47	184	BRUNO	RODRÍGUEZ ABELLA	NO FEDERADO	V1M	47	85	31:56	1:47 min/m	4:01	62	2:38:21	33.1 km/h	2:32	149	2:10:07	6:11 min/km	<b>05:26:59</b>	+1:04:25
48	52	ANTONIO	GATO HERNANDEZ	TRIALÓN DUERO	V1M	48	61	30:21	1:42 min/m	3:20	119	2:53:19	30.3 km/h	1:32	139	2:00:46	5:45 min/km	<b>05:29:20</b>	+1:06:46
49	191	PABLO	VILA RIBERA	NO FEDERADO	V1M	49	142	36:34	2:03 min/m	3:45	126	2:55:20	29.9 km/h	2:00	120	1:51:51	5:19 min/km	<b>05:29:32</b>	+1:06:59
50	105	IGNACIO	SINGLA VIAÑA	INDEPENDIENTE	V1M	50	139	35:45	2:00 min/m	5:00	113	2:51:31	30.6 km/h	2:59	138	2:00:45	5:45 min/km	<b>05:36:03</b>	+1:13:30
51	157	CARLOS	BENITO RAMOS	NO FEDERADO	V1M	51	151	38:21	2:09 min/m	5:29	141	3:00:55	29.0 km/h	3:52	130	1:56:03	5:31 min/km	<b>05:44:41</b>	+1:22:08
52	167	MARCOS	LOPEZ SALGADO	NO FEDERADO	V1M	52	147	37:20	2:05 min/m	4:43	139	2:59:06	29.3 km/h	2:26	140	2:01:55	5:48 min/km	<b>05:45:33</b>	+1:22:59
53	51	CEFERINO	FRANCISCO PEREZ	TRIALÓN DUERO	V1M	53	138	35:36	2:00 min/m	3:14	156	3:08:12	27.9 km/h	1:27	134	1:58:58	5:39 min/km	<b>05:47:30</b>	+1:24:56
54	158	LUIS ALBERTO	DOMINGUEZ RIVERA	NO FEDERADO	V1M	54	165	40:31	2:16 min/m	5:36	152	3:07:04	28.0 km/h	2:23	128	1:54:51	5:28 min/km	<b>05:50:28</b>	+1:27:54
55	186	JORGE	RODRÍGUEZ REGUERA	NO FEDERADO	V1M	55	174	51:40	2:54 min/m	4:06	147	3:02:34	28.7 km/h	2:11	121	1:52:08	5:20 min/km	<b>05:52:41</b>	+1:30:08
56	117	DOMINGO	FERREIRO DIAZ	MONTE PENARUBIA RUNNING LUGO	V1M	56	135	35:29	1:59 min/m	4:58	155	3:07:23	28.0 km/h	2:22	145	2:04:59	5:57 min/km	<b>05:55:13</b>	+1:32:40
57	188	FRANCISCO	SOLER COPADO	NO FEDERADO	V1M	57	172	45:50	2:34 min/m	8:26	146	3:02:15	28.8 km/h	4:49	131	1:56:25	5:32 min/km	<b>05:57:46</b>	+1:35:13
58	20	JOSE ANTONIO	LOPEZ SERVIA	BIERZO TRIMAN	V1M	58	171	43:33	2:26 min/m	3:26	162	3:17:55	26.5 km/h	1:23	129	1:55:36	5:30 min/km	<b>06:01:56</b>	+1:39:23
59	93	RAFAEL	MOLINA SANCHEZ	CLUB TRIATLON SAMBURIEL	V1M	59	149	37:31	2:06 min/m	3:50	161	3:12:56	27.2 km/h	1:58	146	2:06:05	6:00 min/km	<b>06:02:22</b>	+1:39:49
60	35	LUIGI	LUPIA	CLUB DEPORTIVO TRIATLON ARANDA	V1M	60	167	41:15	2:19 min/m	5:22	145	3:01:58	28.8 km/h	1:44	152	2:13:01	6:20 min/km	<b>06:03:22</b>	+1:40:48
61	171	CARLOS	MARTINEZ	NO FEDERADO	V1M	61	168	42:26	2:23 min/m	4:50	153	3:07:08	28.0 km/h	2:50	151	2:12:34	6:18 min/km	<b>06:09:50</b>	+1:47:17

### CATEGORIA: VET1F

1	196	HELENA	HERRERO GOMEZ	TRIALÓN REAL CANOE	V1F	1	19	26:42	1:30 min/m	2:10	84	2:43:57	32.0 km/h	5:56	17	1:30:34	4:18 min/km	<b>04:49:21</b>	+0
2	197	ELENA	OLEA MARTÍN	C.D. ATALANTA	V1F	2	17	26:39	1:29 min/m	2:22	125	2:55:08	29.9 km/h	2:02	99	1:46:51	5:05 min/km	<b>05:13:03</b>	+23:41
3	195	NEREA	GÓMEZ PARAMIO	SELER UNIVEST TRIATHLON TEAM	V1F	3	140	36:12	2:02 min/m	3:24	159	3:10:25	27.5 km/h	1:48	122	1:52:12	5:20 min/km	<b>05:44:03</b>	+54:41
4	198	ESTHER	AYCART PEREZ	REEBOK SPORTS CLUB	V1F	4	163	39:45	2:14 min/m	5:23	163	3:19:13	26.3 km/h	3:13	142	2:02:39	5:50 min/km	<b>06:10:15</b>	+1:20:54

### CATEGORIA: VET2M

1	68	JOSE LUIS	NESPEREIRA GOMEZ	C. TRIATLON OURENSE	V2M	1	88	32:00	1:47 min/m	2:00	26	2:31:04	34.7 km/h	1:43	29	1:33:00	4:25 min/km	<b>04:39:49</b>	+0
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Pos	Dorsal	Nombre	Apellidos	Club	Pos Natación				T1	Ciclismo			T2	Carrera a pie			Tiempo Meta	Dif	
					Cat	Cat.	Pos	Tiempo / Vel		Pos	Tiempo / Vel	Pos		Tiempo / Vel					
<b>CATEGORIA: VET2M</b>																			
2	3	LUIS MARIANO	VILLÁN SÁNCHEZ	CLUB DEPORTIVO TRIATLON ARANDA	V2M	2	56	30:05	1:41 min/m	2:50	21	2:29:38	35.0 km/h	1:22	49	1:36:37	4:36 min/km	<b>04:40:33</b>	+44
3	37	JOSE ANTONIO	BERNARDOS GARCÍA	CLUB TRIATLON IMD SEGOVIA	V2M	3	36	28:23	1:35 min/m	2:35	34	2:32:23	34.4 km/h	2:11	53	1:37:32	4:38 min/km	<b>04:43:05</b>	+3:16
4	71	ANTONIO	ARIAS MANIEGA	C.D.CICLISTA VIBIKE	V2M	4	108	33:04	1:51 min/m	3:16	47	2:34:47	33.9 km/h	1:48	43	1:35:28	4:32 min/km	<b>04:48:26</b>	+8:36
5	92	ROBERTO	LOPEZ GARCIA	CLUB TRIATLON SAMBURIEL	V2M	5	112	33:29	1:52 min/m	3:26	70	2:40:57	32.6 km/h	1:48	68	1:41:10	4:49 min/km	<b>05:00:51</b>	+21:02
6	164	VALENTIN	HUERTA GARCÍA	NO FEDERADO	V2M	6	154	38:40	2:10 min/m	5:34	6	2:23:01	36.7 km/h	2:50	143	2:03:02	5:51 min/km	<b>05:13:10</b>	+33:21
7	139	ANTONIO	RABANAL FERNANDEZ	TRIATLON MURALLA DE LUGO	V2M	7	44	28:45	1:36 min/m	2:59	108	2:49:21	31.0 km/h	1:45	117	1:51:13	5:17 min/km	<b>05:14:05</b>	+34:15
8	43	MANUEL	FERNÁNDEZ ACEÑA	SELER UNIVEST TRIATHLON TEAM	V2M	8	101	32:46	1:50 min/m	3:06	131	2:56:06	29.8 km/h	1:34	82	1:43:20	4:55 min/km	<b>05:16:55</b>	+37:05
9	132	MANUEL AMADOR	CORTIZO FELIZ	TRI.NET NUNCA ES TARDE	V2M	9	124	34:16	1:55 min/m	2:41	130	2:56:02	29.8 km/h	2:06	80	1:42:33	4:53 min/km	<b>05:17:40</b>	+37:50
10	57	FERNANDO	ORTEGA FERNANDEZ	TRIATLON PISUERGA-TRIPÍ	V2M	10	161	39:34	2:13 min/m	3:39	105	2:48:22	31.1 km/h	1:59	112	1:49:21	5:12 min/km	<b>05:22:57</b>	+43:08
11	67	MODESTO	ARAUJO DOMINGUEZ	C. TRIATLON OURENSE	V2M	11	86	31:56	1:47 min/m	2:27	128	2:55:50	29.8 km/h	1:43	116	1:51:05	5:17 min/km	<b>05:23:03</b>	+43:14
12	88	JUAN JOSE	GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	V2M	12	69	30:39	1:43 min/m	4:14	142	3:00:58	29.0 km/h	2:15	115	1:51:02	5:17 min/km	<b>05:29:10</b>	+49:20
13	121	MANUEL	PASTRANA CRUZ	MONTE PENARUBIA RUNNING LUGO	V2M	13	132	35:18	1:59 min/m	3:45	138	2:58:10	29.4 km/h	1:20	135	1:59:46	5:42 min/km	<b>05:38:21</b>	+58:31
14	160	JUAN	FERNANDEZ JAQUOTOT	NO FEDERADO	V2M	14	160	39:22	2:12 min/m	5:28	123	2:54:13	30.1 km/h	4:01	133	1:58:37	5:38 min/km	<b>05:41:44</b>	+1:01:54
15	193	NICHOLAS	WALKER	NO FEDERADO	V2M	15	133	35:20	1:59 min/m	3:12	158	3:09:16	27.7 km/h	3:54	148	2:09:55	6:11 min/km	<b>06:01:39</b>	+1:21:49

### CATEGORIA: VET3M

1	176	FRANCISCO JAVIE	OTERO GARCIA	NO FEDERADO	V3M	1	146	36:54	2:04 min/m	5:55	165	3:31:32	24.8 km/h	5:45	153	2:16:44	6:30 min/km	<b>06:36:51</b>	+0
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### CATEGORIA: SUB23 M

1	60	MIGUEL ANGEL	SAN JOSE SAN JOSE	TRITOR-TRIATLÓN TORDESILLAS	SUB23M 1	10	26:13	1:28 min/m	2:36	28	2:31:37	34.6 km/h	1:12	79	1:42:21	4:52 min/km	<b>04:44:00</b>	+0
2	33	GAIZKA	RUIZ GONZALEZ	CLUB DEPORTIVO TRI ON	SUB23M 2	110	33:07	1:51 min/m	3:40	151	3:06:50	28.1 km/h	2:17	59	1:39:10	4:43 min/km	<b>05:25:06</b>	+41:05