

## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
<b>G20-24M</b>																		
1	320	Luis	Rios Puebla	ADSEVILLA	G20-24M	3	00:13:56	3'19"/km	00:00:41	10	00:33:08	35.12 km/h	00:00:46	1	00:07:41	3'12"/km	<b>00:56:15</b>	00:00:41
2	311	Severo	Domínguez Gutiérrez	TRIATLÓN ALBACETE	G20-24M	11	00:14:18	3'24"/km	00:00:42	6	00:32:36	35.69 km/h	00:00:42	5	00:08:05	3'22"/km	<b>00:56:25</b>	00:00:36
3	301	Víctor	Aguilera Revuelta	PRAT TRIATLO 1994	G20-24M	2	00:13:47	3'16"/km	00:00:48	21	00:33:34	34.66 km/h	00:00:41	2	00:07:42	3'12"/km	<b>00:56:34</b>	00:00:00
4	331	Carles	Blanco Conde	Flor de Triatlo	G20-24M	4	00:14:05	3'21"/km	00:00:42	25	00:33:40	34.56 km/h	00:00:45	3	00:07:46	3'14"/km	<b>00:56:59</b>	00:07:16
5	303	Álvaro	Artime Del Campo	CLUB TRIATLÓN ACADEMIA CIVIL-CNSO	G20-24M	14	00:14:26	3'26"/km	00:00:44	8	00:32:52	35.39 km/h	00:00:45	15	00:08:14	3'25"/km	<b>00:57:04</b>	00:00:40
6	321	Javier	Risco Bermejo	AYTO.SORIA JOVEN IN TRIATLON SORIANO	G20-24M	28	00:14:46	3'30"/km	00:00:46								<b>00:57:09</b>	00:01:52
7	305	Alberto	Blázquez Martín	TRIATLON AVILA	G20-24M	7	00:14:12	3'23"/km	00:00:56	17	00:33:26	34.80 km/h	00:01:01	4	00:07:54	3'17"/km	<b>00:57:32</b>	00:01:18
8	327	Felix	Sirvent Aracil	LA 208 TRIATLON CLUB	G20-24M	5	00:14:09	3'22"/km	00:12:57	1	00:21:24	54.36 km/h	00:00:46	22	00:08:21	3'28"/km	<b>00:57:39</b>	00:02:16
9	317	Angel	Marugan Matey	CLUB TRIATLON TRITONES RIOJA	G20-24M	26	00:14:42	3'30"/km	00:00:44	11	00:33:12	35.04 km/h	00:00:47	27	00:08:25	3'30"/km	<b>00:57:52</b>	00:02:28
10	312	Álvaro	López González	TRIATLÓN ALBACETE	G20-24M	21	00:14:37	3'28"/km	00:00:43	24	00:33:39	34.57 km/h	00:00:46	29	00:08:28	3'31"/km	<b>00:58:15</b>	00:02:12
11	323	Ander	Sáez Fernández	TRIATLÓN SANTANDER	G20-24M	33	00:14:53	3'32"/km	00:00:46	14	00:33:19	34.92 km/h	00:00:57	20	00:08:19	3'28"/km	<b>00:58:17</b>	00:03:13
12	333	Jose	Lopez Soto	LA 208 TRIATLON CLUB	G20-24M	39	00:15:13	3'37"/km	00:00:51	5	00:32:22	35.94 km/h	00:00:53	54	00:09:02	3'45"/km	<b>00:58:24</b>	00:03:10
13	332	Bruno	Montefusco Del Pino	Flor de Triatlo	G20-24M	18	00:14:33	3'28"/km	00:00:47	32	00:34:06	34.13 km/h	00:00:48	13	00:08:10	3'24"/km	<b>00:58:26</b>	00:08:49
14	309	Manuel Alejandro	Coronil Martinez	TRITRAIN4YOU MÁLAGA	G20-24M	15	00:14:29	3'26"/km	00:00:51	42	00:34:48	33.43 km/h	00:00:50	11	00:08:09	3'23"/km	<b>00:59:09</b>	00:03:15
15	302	Carlos	Álvarez Martinez	CLUB TRIATLÓN ACADEMIA CIVIL-CNSO	G20-24M	6	00:14:11	3'22"/km	00:00:23	59	00:36:18	32.06 km/h	00:00:49	24	00:08:22	3'29"/km	<b>01:00:04</b>	00:03:29
16	307	Sergio	Colorado Alvarez	CLUB DE TRIATLÓN DIABLILLOS DE RIVAS	G20-24M	17	00:14:32	3'27"/km	00:00:46	47	00:35:13	33.04 km/h	00:00:46	42	00:08:48	3'40"/km	<b>01:00:07</b>	00:04:01
17	329	Antonio	Souto Prieto	A.D. TRI-PENTA TERRAS DE LUGO	G20-24M	54	00:15:33	3'42"/km	00:00:51	37	00:34:31	33.71 km/h	00:00:52	61	00:09:09	3'49"/km	<b>01:00:57</b>	00:06:03
18	304	Raul	Blanco Porto	A.D. TRI-PENTA TERRAS DE LUGO	G20-24M	45	00:15:21	3'39"/km	00:00:50	53	00:35:45	32.54 km/h	00:00:45	17	00:08:16	3'26"/km	<b>01:01:00</b>	00:04:34
19	314	Gonzalo	Martin Lopez	C.E. CERDANYOLA A.T.	G20-24M	41	00:15:16	3'38"/km	00:00:53	51	00:35:32	32.75 km/h	00:00:51	59	00:09:07	3'47"/km	<b>01:01:41</b>	00:05:47
20	306	Eduardo	Campanario Galan	CLUB TRIATLO CORNELLA	G20-24M	57	00:15:35	3'42"/km	00:00:49	52	00:35:36	32.69 km/h	00:00:50	51	00:08:59	3'44"/km	<b>01:01:51</b>	00:05:38
21	316	Victor	Martinez Vaquero	AD TRIATLÓN ECOSPORT ALCOBENDAS	G20-24M	77	00:16:51	4'00"/km	00:00:52	60	00:36:18	32.05 km/h	00:00:47	63	00:09:13	3'50"/km	<b>01:04:03</b>	00:08:19
22	315	Jose	Martin Solis	C.T. RINCON DE LA VICTORIA TUK-TUK NOODLES	G20-24M	73	00:16:32	3'56"/km	00:00:55	56	00:35:50	32.47 km/h	00:01:01	106	00:10:35	4'24"/km	<b>01:04:55</b>	00:09:21
	325	Carlos	Sanz Montero	C.D. TRIATLÓN LACERTA	G20-24M													

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CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.	
310		Jose Luis	Davila Muñoz	C.T. AL-FANADIC	G20-24M														
330		Nil	Torrenta Roura	CLUB NATACIO BANYOLES	G20-24M														
322		Jesus	Robles Perez	REAL CLUB MEDITERRANEO	G20-24M														
324		Adrian	Salto Saez	BICICLETAS PINA-FUNDACIÓN AZIERTA-TRITOLEDO	G20-24M														
308		Eloi	Compta Tarafa	CLUB NATACIO BANYOLES	G20-24M														
318		Sergio	Minguez Braulio	CENTRO NATACIÓN HELIOS	G20-24M														
326		Abel	Serra Sucarrats	CLUB NATACIO OLOT	G20-24M														
319		Juan Miguel	Muñoz Navarro	C.T. ÁGUILAS PRIMAFLOR	G20-24M														
<b>G25-29M</b>																			
1	343	Sebastià	Mascaró Rigo	DUET TRI PORTITXOL	G25-29M	19	00:14:36	3'28"/km	00:00:48	4	00:32:20	35.98 km/h	00:00:04	12	00:08:10	3'24"/km	<b>00:56:00</b>	00:01:25	
2	339	Alejandro	Garcia Gimenez	STADIUM CASABLANCA MAPEI	G25-29M	22	00:14:40	3'29"/km	00:00:42	9	00:32:57	35.31 km/h	00:00:45	35	00:08:37	3'35"/km	<b>00:57:44</b>	00:03:18	
3	342	Juan Antonio	Ingles Frutos	CLUB TRIATLÓN CARTAGENA	G25-29M	24	00:14:42	3'30"/km	00:00:47	67	00:37:02	31.42 km/h	-00:01:35	16	00:08:15	3'26"/km	<b>00:59:11</b>	00:04:27	
4	350	Adrian	Picallo Mato	CLUB OLIMPICO DE VEDRA	G25-29M	52	00:15:31	3'41"/km	00:00:48	15	00:33:22	34.87 km/h	00:00:52	44	00:08:50	3'41"/km	<b>00:59:26</b>	00:05:12	
5	346	Mario	Miguel Alquezar	STADIUM CASABLANCA MAPEI	G25-29M	36	00:15:04	3'35"/km	00:00:45	34	00:34:16	33.95 km/h	00:00:43	34	00:08:37	3'35"/km	<b>00:59:27</b>	00:05:04	
6	354	Alberto	Lopez Ariño	TRIATLON CLUB CICLISTA OSCENSE	G25-29M	35	00:14:59	3'34"/km	00:00:54	48	00:35:18	32.97 km/h	-00:00:00	53	00:09:01	3'45"/km	<b>01:00:13</b>	00:10:29	
7	341	Jose Maria	Herrero Tomás	C.T. JUMILLA	G25-29M	47	00:15:23	3'39"/km	00:00:56	23	00:33:39	34.58 km/h	00:01:15	55	00:09:02	3'45"/km	<b>01:00:17</b>	00:05:43	
8	352	Antoni	Llul Ame	Flor de Triatlo	G25-29M	32	00:14:52	3'32"/km	00:00:49	61	00:36:19	32.04 km/h	00:00:58	6	00:08:05	3'22"/km	<b>01:01:05</b>	00:11:27	
9	349	Álvaro	Ossorio Pérez	CLUB DEPORTIVO TRILEON	G25-29M	40	00:15:14	3'37"/km	00:00:44	50	00:35:31	32.77 km/h	00:00:51	49	00:08:55	3'42"/km	<b>01:01:16</b>	00:07:10	
10	347	Manuel	Moreno Ruz	C.D. TRIVILA	G25-29M	51	00:15:30	3'41"/km	00:00:50	63	00:36:22	32.00 km/h	00:00:51	45	00:08:50	3'41"/km	<b>01:02:26</b>	00:08:12	
11	353	Jose Ignacio	Alberca Ferrandiz	LA 208 TRIATLON CLUB	G25-29M	72	00:16:30	3'55"/km	00:00:46	62	00:36:22	32.00 km/h	-00:00:28	72	00:09:34	3'59"/km	<b>01:02:44</b>	00:13:31	
12	351	Antonio Jose	Sanchez Martin	ISBILYA - SLOPPY JOE 'S	G25-29M	58	00:15:37	3'43"/km	00:00:56	78	00:38:09	30.50 km/h	00:00:56	56	00:09:04	3'46"/km	<b>01:04:44</b>	00:10:36	
13	334	Pablo	Alcázar Coto	CLUB TRIATLON OVIEDO	G25-29M	68	00:16:11	3'51"/km	00:00:39	76	00:37:48	30.79 km/h	00:00:49	81	00:09:57	4'08"/km	<b>01:05:26</b>	00:10:22	
14	335	Ignacio	Andres Cano	C.D. CADIZ COSTA DE LA LUZ	G25-29M	82	00:17:12	4'05"/km	00:00:53	120	00:43:47	26.58 km/h	00:00:49	77	00:09:50	4'05"/km	<b>01:12:33</b>	00:17:37	
	344	Edu	Masso Grabulosa	C.E. KATOA BARCELONA	G25-29M														

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CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
337		Aitor	Espinosa Valero	CLUB NATACIO BANYOLES	G25-29M													
340		Daniel	Gonzalez Sanz	CLUB DE TRIATLÓN DIABLILLOS DE RIVAS	G25-29M													
336		Jorge	Del Barrio Garcia	C.D. TRIATLÓN LACERTA	G25-29M													
338		Marc	Gallardo Lombarte	C.E. KATOA BARCELONA	G25-29M													
345		Aitor	Mencias Rosas	TRI INFINITY MÓSTOLES	G25-29M	124	00:20:23	4'51"/km	00:01:29									
<b>G30-34M</b>																		
1	364	Mario	Rodriguez Ferrero	TRI INFINITY MÓSTOLES	G30-34M	23	00:14:41	3'29"/km	00:00:48	54	00:35:49	32.49 km/h	-00:02:16	10	00:08:07	3'23"/km	<b>00:57:09</b>	00:03:45
2	366	Daniel	Sevilla Pérez	C.D. TRICLUB BABYSCHOOL	G30-34M	12	00:14:22	3'25"/km	00:00:48	16	00:33:24	34.83 km/h	00:00:49	9	00:08:07	3'23"/km	<b>00:57:32</b>	00:04:16
3	367	Manuel	Terron Illescas	C.D. TRICLUB BABYSCHOOL	G30-34M	9	00:14:14	3'23"/km	00:00:51	19	00:33:30	34.74 km/h	00:00:50	32	00:08:35	3'34"/km	<b>00:58:02</b>	00:04:48
4	355	Isidro	Alonso Sanchez	CLUB DEPORTIVO SOUTH TRIATHLON	G30-34M	13	00:14:24	3'25"/km	00:00:44	31	00:34:05	34.14 km/h	00:00:45	7	00:08:06	3'22"/km	<b>00:58:05</b>	00:04:11
5	358	Fernando	Cools F	ADSEVILLA	G30-34M	59	00:15:39	3'43"/km	00:00:43	3	00:32:01	36.33 km/h	00:00:52	46	00:08:52	3'41"/km	<b>00:58:09</b>	00:04:36
6	362	Arnau	Martinez Mur	C.E. KATOA BARCELONA	G30-34M	8	00:14:13	3'23"/km	00:00:45	30	00:34:01	34.20 km/h	00:00:47	25	00:08:24	3'30"/km	<b>00:58:12</b>	00:04:39
7	360	Rubén	Herrero Logroño	ALAGÓN TRIATLÓN	G30-34M	42	00:15:20	3'39"/km	00:00:43	41	00:34:42	33.53 km/h	00:00:51	41	00:08:47	3'39"/km	<b>01:00:25</b>	00:07:01
8	357	Sergio	Azon Belarre	MARLINS TRIATLON MADRID	G30-34M	65	00:16:02	3'49"/km	00:00:49	27	00:33:43	34.51 km/h	00:00:53	58	00:09:05	3'47"/km	<b>01:00:35</b>	00:06:41
9	368	Roberto	Vega Cáceres	TRIATLON CUELLAR	G30-34M	56	00:15:35	3'42"/km	00:01:30	57	00:35:57	32.37 km/h	00:00:56	48	00:08:53	3'42"/km	<b>01:02:54</b>	00:09:47
10	356	Juan Antonio	Arcones Higuera	ALAGÓN TRIATLÓN	G30-34M	79	00:16:58	4'02"/km	00:01:00	58	00:36:17	32.07 km/h	00:01:10	78	00:09:52	4'06"/km	<b>01:05:19</b>	00:11:33
11	370	Guillermo	Minguez Velaz	INDEPENDIENTE	G30-34M	76	00:16:44	3'59"/km	00:00:50	83	00:38:27	30.26 km/h	00:01:44	66	00:09:22	3'54"/km	<b>01:07:09</b>	00:17:13
12	359	Ivan	González Fernández	CLUB TRIATLON OVIEDO	G30-34M	80	00:16:59	4'02"/km	00:00:53	94	00:40:01	29.07 km/h	00:00:53	70	00:09:32	3'58"/km	<b>01:08:20</b>	00:14:34
		361	Daniel	Martin Corral	TRIATLON FERROL	G30-34M												
		369	Jesus	Yepes Jimenez-tajuelo	C.D. TRIATLON CRIPTANA	G30-34M												
		363	Andres	Mendez Lorente	C.T. ÁGUILAS PRIMAFLOR	G30-34M												
<b>G35-39M</b>																		
1	383	Joan	Mengual Bordas	C.E. CERDANYOLA A.T.	G35-39M	10	00:14:16	3'23"/km	00:00:50	12	00:33:17	34.95 km/h	00:01:51	8	00:08:06	3'22"/km	<b>00:58:22</b>	00:05:57
2	376	Guillermo	Del Campo Jimenez	CLUB TRIATLON LAS ROZAS	G35-39M	25	00:14:42	3'30"/km	00:00:49	46	00:35:12	33.05 km/h	00:00:51	28	00:08:25	3'30"/km	<b>01:00:01</b>	00:06:55

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CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
3	377	Fernando	Esteban Muñoz	AD TRIATLÓN ECOSPORT ALCOBENDAS	G35-39M	53	00:15:32	3'42"/km	00:00:45	40	00:34:35	33.64 km/h	00:00:36	47	00:08:52	3'41"/km	<b>01:00:23</b>	00:07:27
4	384	Enrique	Planelles Marcos	LA 208 TRIATLON CLUB	G35-39M	46	00:15:22	3'39"/km	00:00:51	45	00:35:07	33.14 km/h	00:01:00	39	00:08:42	3'37"/km	<b>01:01:04</b>	00:08:20
5	386	Julian	Izquierdo Gonzalez	TRI INFINITY MÓSTOLES	G35-39M	43	00:15:20	3'39"/km	00:00:54	55	00:35:50	32.48 km/h	00:00:58	36	00:08:37	3'35"/km	<b>01:01:40</b>	00:12:36
6	385	Guillermo	Rodriguez Leon	CD CAMPOAMOR	G35-39M	90	00:17:34	4'11"/km	00:00:50	68	00:37:08	31.33 km/h	00:01:13	91	00:10:12	4'15"/km	<b>01:07:00</b>	00:14:36
7	381	Rubén	López Lozano	TRIATLON AVILA	G35-39M	88	00:17:28	4'09"/km	00:00:54	73	00:37:27	31.06 km/h	00:01:05	90	00:10:12	4'15"/km	<b>01:07:07</b>	00:14:33
8	382	Ernesto De Lucía	Membrillo De Novales	AYTO.SORIA JOVEN IN TRIATLON SORIANO	G35-39M	109	00:18:25	4'23"/km	00:01:05	79	00:38:09	30.50 km/h	00:01:04	87	00:10:06	4'12"/km	<b>01:08:50</b>	00:15:57
		379	Juan Alberto	Labela Molina	TRITRAIN4YOU MÁLAGA	G35-39M												
		375	Miguel	Canalo Gonzalez	TRITRAIN4YOU MÁLAGA	G35-39M												
		374	Gabriel	Bravo Moreno	C.D. TRIATLÓN LACERTA	G35-39M												
		380	Francisco	Lara Lara	C.D.E. JEREZANA DE TRIATLÓN	G35-39M												
		373	Ricard	Alvarez Herms	C.E. KATOA BARCELONA	G35-39M												
<b>G40-44M</b>																		
1	393	Rafael	Curado Tejero	ADSEVILLA	G40-44M	16	00:14:31	3'27"/km	00:00:43	7	00:32:48	35.48 km/h	00:00:39	14	00:08:10	3'24"/km	<b>00:56:54</b>	00:04:50
2	399	Victor	Sanchez Garcia	TRIATLÓN PACENSE	G40-44M	29	00:14:47	3'31"/km	00:00:48	20	00:33:32	34.69 km/h	00:00:55	18	00:08:17	3'27"/km	<b>00:58:21</b>	00:06:38
3	396	Jordi	Linares Hernandez	C.E. CERDANYOLA A.T.	G40-44M	31	00:14:52	3'32"/km	00:00:50	13	00:33:19	34.92 km/h	00:00:55	37	00:08:38	3'35"/km	<b>00:58:35</b>	00:06:40
4	395	Angel	Herencia Carramolino	C.D. TRIATLON CRIPTANA	G40-44M	50	00:15:29	3'41"/km	00:00:48	38	00:34:32	33.69 km/h	00:00:54	33	00:08:35	3'34"/km	<b>01:00:21</b>	00:08:23
5	391	Roberto	Chamarro Duran	CLUB TRIATLON CHARRO	G40-44M	55	00:15:35	3'42"/km	00:00:54	43	00:34:48	33.43 km/h	00:00:52	31	00:08:34	3'34"/km	<b>01:00:45</b>	00:08:27
6	392	Martin	Civera Saez	TRIDIMONIS	G40-44M	63	00:15:50	3'46"/km	00:00:50	35	00:34:23	33.83 km/h	00:00:51	69	00:09:32	3'58"/km	<b>01:01:28</b>	00:09:22
7	397	Ivan	Llorente Prieto	INDEPENDIENTE	G40-44M	67	00:16:05	3'49"/km	00:00:56	36	00:34:25	33.82 km/h	00:00:53	62	00:09:12	3'50"/km	<b>01:01:33</b>	00:09:48
8	389	Francisco	Begines Parejo	ISBILYA - SLOPPY JOE'S	G40-44M	62	00:15:48	3'45"/km	00:00:47	66	00:36:55	31.52 km/h	00:00:54	64	00:09:14	3'51"/km	<b>01:03:40</b>	00:11:07
		390	Jose Juan	Cepeda Reboiras	CLUB OLIMPICO DE VEDRA	G40-44M	49	00:15:29	3'41"/km	00:00:48								
		394	Alberto	Dopazo Miguez	CLUB TRIATLON COMPOSTELA	G40-44M												
		398	Pablo	Vega Torres	CLUB TRIATLON LAS ROZAS	G40-44M												
<b>G45-49M</b>																		

## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.	
1	413	Albert	Torres Carles	CLUB TRIATLO GRANOLLERS	G45-49M	34	00:14:59	3'34"/km	00:00:47	18	00:33:28	34.77 km/h	00:00:59	21	00:08:21	3'28"/km	<b>00:58:35</b>	00:09:10	
2	401	Daniel	Aguirre Moreno	C.D. TRIALCOR VILLALBA	G45-49M	20	00:14:36	3'28"/km	00:00:45	22	00:33:38	34.60 km/h	00:01:18	19	00:08:18	3'27"/km	<b>00:58:36</b>	00:07:02	
3	405	Cesar	Morillo Notario	MARLINS TRIATLON MADRID	G45-49M	44	00:15:21	3'39"/km	00:00:48	26	00:33:40	34.55 km/h	00:00:49	52	00:09:01	3'45"/km	<b>00:59:41</b>	00:08:17	
4	411	Francisco Javier	Torres Bustamante	C.D. TRIATLON CRIPTANA	G45-49M	38	00:15:10	3'36"/km	00:00:48	44	00:34:52	33.37 km/h	00:00:55	40	00:08:45	3'38"/km	<b>01:00:32</b>	00:09:19	
5	408	Carles	Ramos Abellan	CLUB TRIATLO BLANES	G45-49M	30	00:14:47	3'31"/km	00:00:47	65	00:36:38	31.76 km/h	00:00:52	23	00:08:22	3'29"/km	<b>01:01:27</b>	00:10:13	
6	402	Rafael	Cabañeros Robles	CLUB TRIATLON OVIEDO	G45-49M	61	00:15:46	3'45"/km	00:00:52	49	00:35:23	32.89 km/h	00:00:46	50	00:08:55	3'42"/km	<b>01:01:43</b>	00:10:09	
7	412	Francisco Javier	Izquierdo Asensio		G45-49M	71	00:16:29	3'55"/km	00:00:56	102	00:41:42	27.90 km/h					<b>01:03:45</b>	00:14:21	
8	403	Hugo	Ecija Bernal	AD TRIATLÓN ECOSPORT ALCOBENDAS	G45-49M	70	00:16:28	3'55"/km	00:00:45	33	00:34:06	34.13 km/h	00:03:08	75	00:09:43	4'03"/km	<b>01:04:12</b>	00:12:42	
		410	Rafael	Tébar García	TRIALÓN ALBACETE	G45-49M													
		407	Francisco Javier	Muñoz Zapata	TRITRAIN4YOU MÁLAGA	G45-49M													
		406	Juan	Muñoz Palomares	C.D.E.TRIATLON SAN SEBASTIAN DE LOS REYES	G45-49M													
		409	Eduardo	Ramos Ramírez	C.D. TRICLUB BABYSCHOOL	G45-49M													
<b>G50-54M</b>																			
1	420	David	Serra Termens	C.E. Cerdanyola A.T.	G50-54M	27	00:14:45	3'30"/km	00:00:46	39	00:34:35	33.64 km/h	00:00:49	26	00:08:24	3'30"/km	<b>00:59:21</b>	00:08:37	
2	416	Jose Manuel	Cuadros Escuder	TRIVILA	G50-54M	37	00:15:10	3'36"/km	00:00:51	29	00:33:55	34.30 km/h	00:00:51	38	00:08:42	3'37"/km	<b>00:59:30</b>	00:08:27	
3	419	Roberto	Rodríguez Árbol	C.D. TRICLUB BABYSCHOOL	G50-54M	60	00:15:44	3'44"/km	00:00:44	74	00:37:28	31.06 km/h	00:01:21	43	00:08:48	3'40"/km	<b>01:04:07</b>	00:13:13	
4	414	Emilio	Barrero Rojo	CLUB DE TRIATLÓN DIABLILLOS DE RIVAS	G50-54M	64	00:16:01	3'49"/km	00:00:55	70	00:37:13	31.26 km/h	00:01:01	57	00:09:05	3'47"/km	<b>01:04:19</b>	00:13:15	
5	417	Fede	Martínez Rodríguez	CLUB GASSS TRIATLO CERDANYOLA	G50-54M	130	00:28:19	6'44"/km	00:01:47	2	00:29:33	39.38 km/h	00:01:14	123	00:14:17	5'57"/km	<b>01:15:12</b>	00:24:18	
		415	Francisco	Blazquez Hernandez	INDEPENDIENTE	G50-54M													
		418	Manuel	Perez Bedmar	C.T. ÁGUILAS PRIMAFLOR	G50-54M													
<b>G55-59M</b>																			
1	424	Fernando	García Aja	SALTOKI TRIKIDEAK	G55-59M	48	00:15:26	3'40"/km	00:00:59	28	00:33:55	34.31 km/h	00:00:57	30	00:08:29	3'32"/km	<b>00:59:48</b>	00:09:14	
2	428	Iván	Valencia Baldoví	TRIALTO VIALTERRA ALGEMESI	G55-59M	66	00:16:05	3'49"/km	00:01:06	80	00:38:12	30.46 km/h	00:00:54	60	00:09:07	3'48"/km	<b>01:05:26</b>	00:15:00	
3	423	Alvaro	Clerico Rodes	CLUB TRIATLO SABADELL	G55-59M	74	00:16:33	3'56"/km	00:00:53	86	00:38:41	30.08 km/h	00:01:01	74	00:09:41	4'02"/km	<b>01:06:50</b>	00:16:06	

## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.	
4	429	Santi	Ribot Terricabras	CLUB TRIATLO GRANOLLERS	G55-59M	91	00:17:39	4'12"/km	00:01:14	72	00:37:23	31.13 km/h	00:01:05	98	00:10:23	4'19"/km	<b>01:07:44</b>	00:18:31	
5	426	Luis	Redondo Badás	CD TRIATLÓN BOMBEROS VALLADOLID	G55-59M	95	00:17:49	4'14"/km	00:01:15	114	00:43:00	27.06 km/h	00:00:58	100	00:10:25	4'20"/km	<b>01:13:28</b>	00:23:05	
6	425	Ricardo	Monasterio Vives	FASTTRIATLON-C.N. MONTJUIC	G55-59M	97	00:17:53	4'15"/km	00:00:52	88	00:39:36	29.38 km/h	00:01:05	125	00:15:14	6'20"/km	<b>01:14:42</b>	00:24:08	
	427	Miguel	Sáez Serna	TRION - CLINICA DENTAL OSCAR GALLO GÜEMES	G55-59M														
<b>G60-64M</b>																			
1	431	Pascual	García Segura	TRIVILA	G60-64M	105	00:18:15	4'20"/km	00:00:55	64	00:36:37	31.77 km/h	00:00:59	101	00:10:28	4'21"/km	<b>01:07:15</b>	00:17:01	
2	432	Enric	Gil Marès	C.N. VIC-ETB	G60-64M	99	00:17:57	4'16"/km	00:00:51	75	00:37:33	30.98 km/h	00:00:45	103	00:10:32	4'23"/km	<b>01:07:41</b>	00:17:23	
3	435	Javi	Zubiete Soler	INDEPENDIENTE	G60-64M	75	00:16:36	3'57"/km	00:00:58	97	00:40:18	28.87 km/h	00:01:04	86	00:10:01	4'10"/km	<b>01:08:59</b>	00:18:55	
4	434	Joaquin	Savall Ibiza	CLUB TRIATLÓ GANDIA	G60-64M	1	00:10:21	2'28"/km	00:12:00	123	00:45:53	25.36 km/h	00:01:21	119	00:12:14	5'05"/km	<b>01:21:50</b>	00:31:46	
	430	Jorge	Chica Olmo	INDEPENDIENTE	G60-64M														
	433	Javier	Ortega Gutierrez	C.D. TRAININGTRI	G60-64M														
<b>G65-69M</b>																			
1	437	Fermin	Rodríguez García	CLUB MULTIDEPORTES OVIEDO - AGENCIA IGLESIAS	G65-69M	94	00:17:45	4'13"/km	00:01:43	104	00:42:01	27.69 km/h	00:01:17	89	00:10:09	4'14"/km	<b>01:12:58</b>	00:23:06	
<b>G20-24F</b>																			
1	448	Roser	Verdevio Dasi	C.E.A. BETERA	G20-24F	86	00:17:21	4'07"/km	00:00:55	87	00:38:48	29.99 km/h	00:00:51	67	00:09:26	3'56"/km	<b>01:07:23</b>	00:18:57	
2	442	Margarita	Mas Molina	LA 208 TRIATLON CLUB	G20-24F	93	00:17:45	4'13"/km	00:00:49	84	00:38:27	30.26 km/h	00:00:48	95	00:10:17	4'17"/km	<b>01:08:08</b>	00:19:20	
3	441	Belen	Gonzalez Simon	C.T. JUMILLA	G20-24F	107	00:18:21	4'22"/km	00:01:04	77	00:37:49	30.77 km/h	00:00:52	93	00:10:14	4'15"/km	<b>01:08:22</b>	00:19:26	
4	440	Mariam	Ferran Fraga	CLUB OLIMPICO DE VEDRA	G20-24F	96	00:17:52	4'15"/km	00:00:53	96	00:40:10	28.97 km/h	00:00:47	85	00:10:00	4'10"/km	<b>01:09:44</b>	00:20:50	
5	443	Silvia	Monteagudo Pastor	LA 208 TRIATLON CLUB	G20-24F	92	00:17:42	4'12"/km	00:00:53	99	00:40:52	28.47 km/h	00:00:48	73	00:09:39	4'01"/km	<b>01:09:57</b>	00:21:13	
6	446	Desiree	Segura Romero	TRIATLÓN ALBACETE	G20-24F	128	00:23:15	5'32"/km	00:01:06	125	00:47:12	24.66 km/h	00:01:06	124	00:14:40	6'06"/km	<b>01:27:20</b>	00:38:44	
	445	Magda	Paradis Carbonell	TRILAVALL	G20-24F														
	444	Laura	Monteagudo Pastor	LA 208 TRIATLON CLUB	G20-24F														
	447	Cristina	Sicilia Gomez De Parada	AD TRIATLÓN ECOSPORT ALCOBENDAS	G20-24F														



## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
<b>G25-29F</b>																		
1	457	Ella	Neale	MARLINS TRIATLON MADRID	G25-29F	87	00:17:28	4'09"/km	00:00:55	81	00:38:27	30.26 km/h	00:00:53	76	00:09:49	4'05"/km	<b>01:07:34</b>	00:19:36
2	459	Maria	Serramito Blanco	UNION ATLETICA COSLADA	G25-29F	100	00:18:05	4'18"/km	00:00:52	90	00:39:37	29.37 km/h	00:00:51	104	00:10:33	4'23"/km	<b>01:10:00</b>	00:22:14
3	452	Cristina	Caballero Nogales	C.E. KATOA BARCELONA	G25-29F	108	00:18:22	4'22"/km	00:00:52	98	00:40:27	28.76 km/h	00:00:55	97	00:10:20	4'18"/km	<b>01:10:59</b>	00:22:43
4	453	Paula	Creus Guillén	CLUB TRIATLON OVIEDO	G25-29F	69	00:16:28	3'55"/km	00:01:18	109	00:42:38	27.29 km/h	00:00:57	99	00:10:24	4'20"/km	<b>01:11:47</b>	00:23:34
5	458	Evelin	Ocón Martín	MONTILLA-CORDOBA TRIATLON	G25-29F	98	00:17:57	4'16"/km	00:00:56	118	00:43:26	26.79 km/h	00:00:48	94	00:10:16	4'16"/km	<b>01:13:25</b>	00:25:31
6	455	Andrea	Espiño Albela	CLUB OLIMPICO DE VEDRA	G25-29F	110	00:18:50	4'29"/km	00:01:02	105	00:42:19	27.49 km/h	00:00:53	112	00:11:02	4'35"/km	<b>01:14:08</b>	00:26:03
7	454	Marta	Cruz Blanco	TRI INFINITY MÓSTOLES	G25-29F	114	00:18:59	4'31"/km	00:01:22	112	00:42:48	27.19 km/h	00:01:01	110	00:10:54	4'32"/km	<b>01:15:06</b>	00:26:59
		451	Amelia	Ayuso Pedreño	C.T. ÁGUILAS PRIMAFLOR	G25-29F												
		456	Soledad	Martínez Cañavate	C.T. ÁGUILAS PRIMAFLOR	G25-29F												
<b>G30-34F</b>																		
1	462	Patricia	García García	CLUB TRIATLON OVIEDO	G30-34F	104	00:18:14	4'20"/km	00:00:57	71	00:37:20	31.16 km/h	00:00:50	82	00:09:58	4'09"/km	<b>01:07:20</b>	00:19:36
2	468	Carlota	Serrano Abellan	MARLINS TRIATLON MADRID	G30-34F	81	00:16:59	4'02"/km	00:00:53	89	00:39:37	29.37 km/h	00:00:50	83	00:09:59	4'09"/km	<b>01:08:21</b>	00:21:07
3	466	Patricia	Lorenzo Barbero	C.D.E.TRIATLON SAN SEBASTIAN DE LOS REYES	G30-34F	89	00:17:29	4'09"/km	00:01:02	101	00:41:34	27.99 km/h	00:00:59	84	00:09:59	4'09"/km	<b>01:11:05</b>	00:23:41
4	465	Laura	Lopez Ferrer	C.E. KATOA BARCELONA	G30-34F	115	00:19:06	4'33"/km	00:00:55	115	00:43:06	26.99 km/h	00:00:52	111	00:11:00	4'35"/km	<b>01:15:01</b>	00:27:26
5	464	Ane	Hervías Caballero	TRIATLÓN SANTANDER	G30-34F	122	00:20:21	4'50"/km	00:00:57	106	00:42:24	27.45 km/h	00:01:09	118	00:11:45	4'54"/km	<b>01:16:38</b>	00:29:03
6	467	Eva	Martín Martín	TRIATLON AVILA	G30-34F	119	00:19:34	4'39"/km	00:01:14	116	00:43:09	26.96 km/h	00:01:19	114	00:11:20	4'43"/km	<b>01:16:39</b>	00:29:15
<b>G35-39F</b>																		
1	476	Beatriz	Tenreiro Alvarez	TRIATLÓN SANTANDER	G35-39F	78	00:16:56	4'01"/km	00:00:54	69	00:37:08	31.33 km/h	00:01:19	65	00:09:17	3'52"/km	<b>01:05:36</b>	00:18:32
2	475	Vanesa	Manso Muñoz	STADIUM CASABLANCA MAPEI	G35-39F	120	00:19:42	4'41"/km	00:00:52	122	00:45:34	25.53 km/h	00:00:47	115	00:11:22	4'44"/km	<b>01:18:19</b>	00:31:14
		471	Beatriz	Alonso Murillo	CLUB TRIATLON TRITONES RIOJA	G35-39F												
		474	Elena	Holguera Izquierdo	TRIATLON AVILA	G35-39F												
		472	Mariana	Cantero García	CLUB TRIATLON IMD SEGOVIA	G35-39F												
		473	Sara	García Menéndez	CLUB TRIATLON OVIEDO	G35-39F												

## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
<b>G40-44F</b>																		
1	487	Blanca	Sanroma Dalmau	CLUB TRIATLO GRANOLLERS	G40-44F	106	00:18:19	4'21"/km	00:01:07	93	00:40:01	29.08 km/h	00:00:13	92	00:10:12	4'15"/km	<b>01:09:54</b>	00:23:20
2	478	Elena	Almazan Martinez	UNION ATLETICA COSLADA	G40-44F	103	00:18:13	4'20"/km	00:01:02	100	00:41:19	28.16 km/h	00:00:56	107	00:10:39	4'26"/km	<b>01:12:11</b>	00:25:18
3	479	Eli	De La Peña	TRITRAIN4YOU MÁLAGA	G40-44F	101	00:18:05	4'18"/km	00:01:00	113	00:42:57	27.10 km/h	00:00:54	88	00:10:07	4'12"/km	<b>01:13:04</b>	00:26:10
4	482	Flor	Lamas Cuadrado	CLUB TRIATLON IMD SEGOVIA	G40-44F	112	00:18:54	4'30"/km	00:01:14	117	00:43:09	26.96 km/h	00:01:19	71	00:09:32	3'58"/km	<b>01:14:11</b>	00:27:27
5	483	Cristina	Martín Llanos	TRIATLON PALENCIA	G40-44F	116	00:19:08	4'33"/km	00:01:24	108	00:42:28	27.40 km/h	00:01:17	108	00:10:39	4'26"/km	<b>01:14:57</b>	00:28:23
6	481	Laura	Fernández Tobar	C.D.E.TRIATLON SAN SEBASTIAN DE LOS REYES	G40-44F	118	00:19:16	4'35"/km	00:01:18	111	00:42:43	27.23 km/h	00:01:14	109	00:10:53	4'32"/km	<b>01:15:27</b>	00:28:42
		480	Miriam	Fernandez Franco	STADIUM CASABLANCA MAPEI	G40-44F												
		485	Sandra	Rodriguez Gonzalez	C.T. ÁGUILAS PRIMAFLOR	G40-44F												
		484	Priscila	Perez Peña	C.D. TRICLUB BABYSCHOOL	G40-44F												
<b>G45-49F</b>																		
1	488	Miren Josune	Bikuña Zubia	SESTAO TRIATLOI TALDEA	G45-49F	83	00:17:13	4'05"/km	00:01:01	82	00:38:27	30.26 km/h	00:00:57	68	00:09:29	3'57"/km	<b>01:07:09</b>	00:20:45
2	492	Sonia	Vazquez Sanchez	MONTILLA-CORDOBA TRIATLON	G45-49F	85	00:17:15	4'06"/km	00:00:45	85	00:38:27	30.26 km/h	00:01:14	79	00:09:55	4'08"/km	<b>01:07:39</b>	00:21:22
3	491	Elena	Olea Martín	C.D. TRIATLON LAGUNA DE DUERO	G45-49F	84	00:17:15	4'06"/km	00:00:56	91	00:39:40	29.33 km/h	00:00:55	80	00:09:56	4'08"/km	<b>01:08:44</b>	00:22:27
4	490	Maria Elena	Miguens Otero	CLUB OLIMPICO DE VEDRA	G45-49F	117	00:19:10	4'33"/km	00:01:00	92	00:39:43	29.29 km/h	00:00:56	113	00:11:02	4'35"/km	<b>01:11:53</b>	00:25:30
		489	Maria Yolanda	Fernandez Del Campo	C.T. ALHAURIN SENEGAR	G45-49F												
		493	Mª Carmen	Iñesta Palomares	BICICOSTA-PASICO A PASICO ORIHUELA	G45-49F												
<b>G50-54F</b>																		
1	496	Merche	Bueres Celorio	TRIATLÓN SANTANDER	G50-54F	102	00:18:10	4'19"/km	00:01:00	95	00:40:05	29.02 km/h	00:00:56	96	00:10:18	4'17"/km	<b>01:10:33</b>	00:24:38
2	494	Maria Jose	Aguilar Marques	MONTILLA-CORDOBA TRIATLON	G50-54F	111	00:18:52	4'29"/km	00:00:53	107	00:42:25	27.44 km/h	00:00:54	105	00:10:33	4'24"/km	<b>01:13:39</b>	00:27:30
3	495	Silvia	Bernal Gómez	C.D.E.TRIATLON SAN SEBASTIAN DE LOS REYES	G50-54F	113	00:18:58	4'31"/km	00:01:18	103	00:41:56	27.74 km/h	00:01:09	102	00:10:32	4'23"/km	<b>01:13:55</b>	00:27:49
4	497	Inmaculada	Cruz Córcoles	C.D. TRICLUB BABYSCHOOL	G50-54F	121	00:20:17	4'49"/km	00:00:53	119	00:43:41	26.64 km/h	00:00:51	117	00:11:45	4'53"/km	<b>01:17:29</b>	00:31:35
5	498	Ana Maria	Fuster Mestre	CLUB TRIATLÓ GANDIA	G50-54F	123	00:20:22	4'50"/km	00:00:59	121	00:43:55	26.49 km/h	00:01:01	116	00:11:44	4'53"/km	<b>01:18:02</b>	00:32:17



## GGEE

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 4200 ms	ANGELA SANCHEZ	DELEGADO TECNICO: ANGELA SANCHEZ
CICLISMO: 19,4 Kms	AMANCIO DEL CASTILLO	JUEZ ARBITRO: SERGIO DE LA ROSA
CARRERA A PIE: 2200 ms	RUBEN ANDRES	CLASIFICACIONES: SPORTCHIP

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cícl	Ciclismo	Vel Cícl	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
<b>G55-59F</b>																		
1	500	Asunción	Arroyo Benito	CLUB TRIATLON IMD SEGOVIA	G55-59F	125	00:21:25	5'06"/km	00:01:03	110	00:42:40	27.27 km/h	00:01:12	121	00:13:02	5'25"/km	<b>01:19:24</b>	00:33:38
2	502	Silvia	Ruiz Lucio	C.D. TRIATLON LAGUNA DE DUERO	G55-59F	126	00:22:40	5'23"/km	00:01:06	124	00:45:55	25.35 km/h	00:01:32	122	00:13:19	5'32"/km	<b>01:24:33</b>	00:38:58
3	501	María José	Cremades Carceller	CLUB TRIATLON LAS AMERICAS PARLA	G55-59F	129	00:27:05	6'26"/km	00:01:39	127	00:54:13	21.46 km/h	00:02:08	126	00:15:34	6'29"/km	<b>01:40:41</b>	00:55:03
<b>G70-74F</b>																		
1	504	Mª Consuelo	Alonso Alonso	TRI INFINITY MÓSTOLES	G70-74F	127	00:23:12	5'31"/km	00:01:52	126	00:53:43	21.66 km/h	00:01:38	120	00:12:37	5'15"/km	<b>01:33:05</b>	00:47:38