

DUATLON STANDARD AUTONOMICO MASCULINO

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 8,9 KMS	SERGIO DE LA ROSA	DELEGADO TECNICO: SERGIO DE LA ROSA
CICLISMO: 37.9 KMS	RUBEN ANDRES	JUEZ ARBITRO: AMANCIO DEL CASTILLO
CARRERA A PIE 2: 4,45 KMS	MARCOS LOBO	CLASIFICACIONES: FTCYL

Pos	Dor	Nombre	Apellidos	Club	Cat	Pos Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	Meta
1	1273	Miguel	Risco Bermejo	ALUSIGMA PEÑOTA DENTAL PORTUGALETEKOA	ABM	1	2	00:30:47	3'27"/km	00:00:27	3	00:59:27	38.24 km/h	00:00:32	2	00:16:24	3'41"/km	01:47:40
2	189	Daniel	Martinez Hernando	CLUB TRIATLON SORIANO	ABM	2	1	00:30:18	3'24"/km	00:00:30	11	01:02:08	36.58 km/h	00:00:33	1	00:15:50	3'33"/km	01:49:22
3	177	Alfonso	Izquierdo Alcazar	CLUB TRIATLON SORIANO	SUB 23 M	1	11	00:33:42	3'47"/km	00:00:25	2	00:58:40	38.75 km/h	00:00:29	5	00:17:13	3'52"/km	01:50:31
4	176	Jaime	Izquierdo Alcazar	CLUB TRIATLON SORIANO	ABM	3	10	00:33:30	3'45"/km	00:00:33	1	00:58:26	38.90 km/h	00:00:32	25	00:18:57	4'15"/km	01:52:00
5	1272	Alberto	Dominguez Garcia	SALTOKI TRIKIDEAK	ABM	4	3	00:31:09	3'30"/km	00:00:49	20	01:03:30	35.80 km/h	00:00:34	3	00:16:54	3'47"/km	01:52:58
6	1270	Alberto	Bravo Sanchez	ALUSIGMA PEÑOTA DENTAL PORTUGALETEKOA	VET1M	1	7	00:33:06	3'43"/km	00:00:28	19	01:03:26	35.84 km/h	00:00:38	4	00:17:01	3'49"/km	01:54:41
7	106	Abraham	Tapias Revenga	CLUB TRIATLON IMD SEGOVIA	ABM	8	13	00:33:56	3'48"/km	00:00:28	16	01:02:59	36.09 km/h	00:00:31	12	00:17:53	4'01"/km	01:55:51
8	184	Javier	Risco Bermejo	CLUB TRIATLON SORIANO	ABM	9	5	00:32:57	3'42"/km	00:00:26	26	01:03:54	35.58 km/h	00:00:31	13	00:18:03	4'03"/km	01:55:53
9	180	Luis Jose	Lucas Perez	CLUB TRIATLON SORIANO	VET1M	2	8	00:33:15	3'44"/km	00:00:32	23	01:03:38	35.72 km/h	00:00:34	11	00:17:53	4'01"/km	01:55:54
10	1114	Carlos Javier	Grijota Ordoñez	CD FISIOTERAPIA ROBERTO RAMOS	ABM	11	6	00:33:00	3'42"/km	00:00:35	32	01:05:02	34.96 km/h	00:00:42	9	00:17:46	3'59"/km	01:57:06
11	277	Alberto	Gil Perez	TRIALTLON PISUERGA-TRIPI	ABM	12	30	00:35:41	4'00"/km	00:00:39	10	01:01:36	36.91 km/h	00:00:39	19	00:18:32	4'09"/km	01:57:09
12	511	Fernando	Moreno Garcia	TRIALTLON AVILA	ABM	13	12	00:33:46	3'47"/km	00:00:29	30	01:04:40	35.15 km/h	00:00:36	10	00:17:53	4'01"/km	01:57:26
13	803	Marc	Rodriguez Boyero	SALMANTICA TRIATLON CLUB	ABM	14	16	00:34:29	3'52"/km	00:00:30	17	01:03:12	35.97 km/h	00:00:58	18	00:18:31	4'09"/km	01:57:42
14	448	Mario	Lozano Fernandez	CLUB TRIATLÓN CAMPOS DE CASTILLA	VET1M	3	26	00:35:18	3'58"/km	00:00:47	15	01:02:48	36.20 km/h	00:00:43	22	00:18:41	4'11"/km	01:58:20
15	664	Angel	Barquin Alonso	TRAGALEGUAS BURGOS	VET1M	5	48	00:37:04	4'09"/km	00:00:30	6	01:00:52	37.35 km/h	00:00:43	42	00:19:49	4'27"/km	01:59:00
16	1249	Alvaro	Sanchez Blanco	CLUB DEPORTIVO AVILA RUNNERS	ABM	17	17	00:34:29	3'52"/km	00:00:46	33	01:05:03	34.95 km/h	00:00:30	14	00:18:12	4'05"/km	01:59:02
17	103	Ivan	Frias Delgado	CLUB TRIATLON IMD SEGOVIA	ABM	21	41	00:36:18	4'04"/km	00:00:32	25	01:03:52	35.59 km/h	00:00:39	28	00:19:10	4'18"/km	02:00:33
18	500	Alberto	Blazquez Martin	TRIALTLON AVILA	ABM	22	9	00:33:17	3'44"/km	00:00:34	54	01:08:37	33.13 km/h	00:00:52	7	00:17:34	3'56"/km	02:00:55
19	2005	Gonzalo	Arranz Montero	TRIALTLON PISUERGA-TRIPI	VET1M	7	22	00:34:54	3'55"/km	00:00:30	38	01:05:57	34.47 km/h	00:00:32	29	00:19:10	4'18"/km	02:01:05
20	663	Oscar	Varona Martin	TRAGALEGUAS BURGOS	ABM	24	37	00:36:01	4'02"/km	00:00:51	29	01:04:27	35.28 km/h	00:00:48	27	00:19:08	4'18"/km	02:01:16
21	870	Josua	Saiz Villegas	TRION - CLINICA DENTAL OSCAR GALLO GÜEMES	ABM	28	21	00:34:48	3'54"/km	00:00:39	51	01:07:16	33.79 km/h	00:00:43	46	00:20:00	4'29"/km	02:03:28
22	11	Hugo	Moreta Magdalena	E-TRIALTLON VALLADOLID	SUB 23 M	2	47	00:37:01	4'09"/km	00:00:29	40	01:05:59	34.45 km/h	00:00:39	32	00:19:23	4'21"/km	02:03:33
23	242	Roberto	Chamarro Duran	CLUB TRIATLON CHARRO	VET1M	9	32	00:35:42	4'00"/km	00:00:40	48	01:07:13	33.82 km/h	00:00:43	41	00:19:48	4'26"/km	02:04:09
24	179	Ruben	Ceballos Carranza	CLUB TRIATLON SORIANO	ABM	30	14	00:34:08	3'50"/km	00:00:30	46	01:07:07	33.87 km/h	00:00:47	76	00:22:05	4'57"/km	02:04:39
25	109	Emilio Jose	Barrientos Hernan	CLUB TRIATLON IMD SEGOVIA	ABM	32	52	00:37:15	4'11"/km	00:00:28	47	01:07:08	33.86 km/h	00:00:57	33	00:19:24	4'21"/km	02:05:15

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CARRERA A PIE: 8,9 KMS	SERGIO DE LA ROSA	DELEGADO TECNICO: SERGIO DE LA ROSA
CICLISMO: 37.9 KMS	RUBEN ANDRES	JUEZ ARBITRO: AMANCIO DEL CASTILLO
CARRERA A PIE 2: 4,45 KMS	MARCOS LOBO	CLASIFICACIONES: FTCYL

Pos	Dor	Nombre	Apellidos	Club	Cat	Pos Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	Meta
26	667	Fernando	Santamaria Marcos	TRAGALEGUAS BURGOS	VET1M	12	36	00:36:00	4'02"/km	00:00:59	62	01:10:14	32.37 km/h	00:01:01	21	00:18:37	4'11"/km	02:06:53
27	843	Sergio	Morla San Juan	CLUB DEPORTIVO TRILEON	ABM	34	28	00:35:26	3'58"/km	00:00:38	73	01:11:08	31.96 km/h	00:00:48	24	00:18:56	4'15"/km	02:06:58
28	188	Jesus	Moñux Diez	CLUB TRIATLON SORIANO	VET1M	13	62	00:38:13	4'17"/km	00:00:35	50	01:07:16	33.79 km/h	00:00:46	50	00:20:08	4'31"/km	02:07:00
29	282	Ignacio	Iñiguez De La Torre	TRIALTON PISUERGA-TRIPI	VET1M	15	74	00:39:26	4'25"/km	00:00:33	27	01:04:11	35.42 km/h	00:01:16	77	00:22:12	4'59"/km	02:07:40
30	283	Nacho	Tome Rollan	TRIALTON PISUERGA-TRIPI	VET1M	16	79	00:39:59	4'29"/km	00:00:34	36	01:05:27	34.74 km/h	00:00:35	65	00:21:05	4'44"/km	02:07:42
31	665	Javier	Tome Benitez	TRAGALEGUAS BURGOS	ABM	35	51	00:37:13	4'10"/km	00:01:04	56	01:09:31	32.70 km/h	00:00:38	43	00:19:49	4'27"/km	02:08:17
32	9	Enrique	Martinez Melendez	E-TRIALTON VALLADOLID	JUNIOR M	2	50	00:37:09	4'10"/km	00:00:30	64	01:10:22	32.31 km/h	00:00:37	40	00:19:46	4'26"/km	02:08:27
33	279	Diego	Martin Iglesias	TRIALTON PISUERGA-TRIPI	ABM	36	76	00:39:47	4'28"/km	00:00:33	39	01:05:58	34.46 km/h	00:00:35	74	00:21:55	4'55"/km	02:08:50
34	454	Jaime	Castellanos Saez	CLUB TRIATLÓN CAMPOS DE CASTILLA	ABM	37	56	00:37:43	4'14"/km	00:00:43	61	01:10:03	32.46 km/h	00:00:44	62	00:20:43	4'39"/km	02:09:57
35	508	Alvaro	Martin Parra	TRIALTON AVILA	ABM	38	58	00:38:02	4'16"/km	00:00:28	69	01:10:46	32.12 km/h	00:00:42	57	00:20:21	4'34"/km	02:10:21
36	501	Cesar	Galan Segovia	TRIALTON AVILA	ABM	39	45	00:36:44	4'07"/km	00:00:33	75	01:12:00	31.57 km/h	00:00:50	56	00:20:20	4'34"/km	02:10:30
37	515	David	Encabo Saez	TRIALTON AVILA	ABM	40	42	00:36:26	4'05"/km	00:00:30	84	01:13:47	30.81 km/h	00:00:40	34	00:19:32	4'23"/km	02:10:57
38	51	Paulino	Montero Arranz	CD TRIATLON LAGUNA DE DUERO	VET2M	2	70	00:39:21	4'25"/km	00:00:39	59	01:09:46	32.59 km/h	00:00:57	63	00:20:55	4'42"/km	02:11:40
39	1069	Ricardo	Blas Venero	CAT PARQUESOL	VET1M	17	63	00:38:27	4'19"/km	00:00:59	72	01:11:03	31.99 km/h	00:01:08	59	00:20:33	4'37"/km	02:12:12
40	499	Cesar	Palacios Maiz	TRIALTON AVILA	VET1M	18	67	00:39:10	4'24"/km	00:00:30	66	01:10:45	32.13 km/h	00:00:40	67	00:21:06	4'44"/km	02:12:13
41	727	Pedro Francisco	Prada Martin	TRIALTON DUERO	VET1M	19	33	00:35:44	4'00"/km	00:00:37	86	01:14:23	30.56 km/h	00:00:46	72	00:21:42	4'52"/km	02:13:14
42	510	Julio	Hernandez Rodriguez	TRIALTON AVILA	ABM	42	71	00:39:22	4'25"/km	00:00:40	74	01:11:41	31.71 km/h	00:00:47	64	00:20:56	4'42"/km	02:13:28
43	451	Pedro	Perez Prieto	CLUB TRIATLÓN CAMPOS DE CASTILLA	VET1M	20	82	00:40:35	4'33"/km	00:00:48	60	01:09:48	32.57 km/h	00:00:46	75	00:22:03	4'57"/km	02:14:01
44	899	Joaquin	Escribano Martin	CD TRIATLÓN LACERTA	VET2M	4	88	00:41:16	4'38"/km	00:00:49	70	01:10:50	32.09 km/h	00:00:47	71	00:21:36	4'51"/km	02:15:19
45	204	Javier	Laorden Peñalba	CLUB TRIATLON SORIANO	ABM	44	73	00:39:25	4'25"/km	00:00:44	85	01:13:50	30.79 km/h	00:00:35	68	00:21:11	4'45"/km	02:15:47
46	662	Luis	Castellanos Gutierrez	TRAGALEGUAS BURGOS	VET2M	5	94	00:42:24	4'45"/km	00:01:04	55	01:08:54	33.00 km/h	00:00:59	83	00:22:38	5'05"/km	02:16:02
47	871	Diego	Juez Manrique	TRION - CLINICA DENTAL OSCAR GALLO GÜEMES	ABM	45	87	00:41:12	4'37"/km	00:01:06	57	01:09:32	32.69 km/h	00:00:47	89	00:23:30	5'17"/km	02:16:10
48	290	Luis Angel	Fernandez Ortega	TRIALTON PISUERGA-TRIPI	VET1M	21	80	00:40:17	4'31"/km	00:00:48	76	01:12:27	31.38 km/h	00:00:42	73	00:21:53	4'55"/km	02:16:10
49	507	Pablo	Tosal Lazaro	TRIALTON AVILA	ABM	46	66	00:39:02	4'23"/km	00:00:53	88	01:14:29	30.52 km/h	00:00:45	66	00:21:06	4'44"/km	02:16:18
50	905	Javier	Martin Pena	CD TRIATLÓN LACERTA	VET2M	6	72	00:39:24	4'25"/km	00:00:47	82	01:13:40	30.86 km/h	00:00:46	85	00:22:48	5'07"/km	02:17:27
51	497	Juan Francisco	Sanchez Martin	TRIALTON AVILA	VET1M	23	85	00:40:55	4'35"/km	00:00:35	78	01:13:12	31.06 km/h	00:00:54	84	00:22:42	5'06"/km	02:18:20

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CARRERA A PIE: 8,9 KMS	SERGIO DE LA ROSA	DELEGADO TECNICO: SERGIO DE LA ROSA
CICLISMO: 37.9 KMS	RUBEN ANDRES	JUEZ ARBITRO: AMANCIO DEL CASTILLO
CARRERA A PIE 2: 4,45 KMS	MARCOS LOBO	CLASIFICACIONES: FTCYL

Pos	Dor	Nombre	Apellidos	Club	Cat	Pos Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	Meta
52	498	Luis Miguel	San Segundo Gomez	TRIALTLON AVILA	VET2M	7	98	00:43:27	4'52"/km	00:00:51	58	01:09:38	32.65 km/h	00:00:51	90	00:23:37	5'18"/km	02:18:26
53	661	Marcos	Aguilar Benito	TRAGALEGUAS BURGOS	VET2M	8	69	00:39:21	4'25"/km	00:01:12	92	01:16:05	29.88 km/h	00:01:12	60	00:20:41	4'38"/km	02:18:33
54	503	Bruno	Ayuso Fernandez-mellado	TRIALTLON AVILA	VET1M	24	54	00:37:29	4'12"/km	00:00:58	93	01:16:49	29.60 km/h	00:00:50	88	00:23:18	5'14"/km	02:19:26
55	452	Pablo	Marcos Picado	CLUB TRIATLÓN CAMPOS DE CASTILLA	SUB 23 M	3	18	00:34:30	3'52"/km	00:00:42	53	01:07:48	33.53 km/h	00:00:48	105	00:37:31	8'25"/km	02:21:21
56	1281	Angel	Garcia Llorente	INDEPENDIENTE	VET1M	26	95	00:42:25	4'46"/km	00:00:52	80	01:13:23	30.98 km/h	00:00:44	97	00:25:18	5'41"/km	02:22:44
57	718	Alvaro	Hernandez Roldan	TRIALTLON DUERO	ABM	49	101	00:45:07	5'04"/km	00:00:45	77	01:13:10	31.07 km/h	00:00:50	95	00:24:37	5'31"/km	02:24:30
58	666	Rodrigo	Mata Gutierrez	TRAGALEGUAS BURGOS	ABM	51	86	00:41:07	4'37"/km	00:01:21	96	01:17:58	29.16 km/h	00:01:11	94	00:23:56	5'22"/km	02:25:34
59	668	Javier	Ladron Galindo	TRAGALEGUAS BURGOS	VET2M	9	91	00:41:34	4'40"/km	00:01:05	103	01:22:59	27.40 km/h	00:01:16	82	00:22:25	5'02"/km	02:29:21
60	280	Diego	Rodriguez Catalan	TRIALTLON PISUERGA-TRIPI	VET1M	27	102	00:45:27	5'06"/km	00:01:47	91	01:15:27	30.13 km/h	00:01:04	100	00:26:29	5'57"/km	02:30:16
61	114	Raul	Morla Carrera	CLUB TRIATLÓN IMD SEGOVIA	VET2M	10	105	00:47:05	5'17"/km	00:01:02	90	01:14:57	30.33 km/h	00:00:52	99	00:26:20	5'55"/km	02:30:18
62	514	Carlos	Ruiz Martin	TRIALTLON AVILA	ABM	52	106	00:49:07	5'31"/km	00:01:20	94	01:17:44	29.24 km/h	00:00:56	102	00:26:44	6'00"/km	02:35:53
63	722	Antonio	Gato Hernandez	TRIALTLON DUERO	VET1M	28	107	00:49:41	5'35"/km	00:00:39	98	01:19:05	28.75 km/h	00:00:51	98	00:26:10	5'52"/km	02:36:28
64	721	Arturo	Cuadrado Rodriguez	TRIALTLON DUERO	ABM	53	108	00:49:48	5'35"/km	00:00:58	101	01:21:37	27.85 km/h	00:01:02	103	00:27:38	6'12"/km	02:41:05
65	199	Jose Luis	Garcia Garcia	CLUB TRIATLON SORIANO	VET3M	1	109	00:55:02	6'11"/km	00:00:58	107	01:40:08	22.70 km/h	00:01:55	106	00:37:40	8'27"/km	03:15:45