

# DUATLON SPRINT Y DE MENORES DE STA. MARIA DEL PARAMO 2021

## PRUEBA SUPERSPRINT

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 2 KMS	LUIS ANGEL FERNANDEZ	DELEGADO TECNICO: LUIS ANGEL FERNANDEZ
CICLISMO: 10 KMS	SANTIAGO FERNANDEZ	JUEZ ARBITRO: ANGELA SANCHEZ
CARRERA A PIE 2: 1 KMS	.	CLASIFICACIONES: FTCYL

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
<b>JUNIOR M</b>																		
1	3	Raul	Gomez Gonzalez	E-TRIALTLON VALLADOLID	JUNIOR M	2	00:07:25	3'42"/km	00:00:17	3	00:16:13	36.97 km/h	00:00:15	13	00:04:05	4'05"/km	<b>00:28:16</b>	
2	4	Victor	Gonzalez Lazaro	E-TRIALTLON VALLADOLID	JUNIOR M	9	00:07:44	3'52"/km	00:00:20	4	00:16:26	36.47 km/h	00:00:17	17	00:04:08	4'08"/km	<b>00:28:59</b>	
3	54	Sergio	Correa Montesinos	CD TRIATLON LAGUNA DE DUERO	JUNIOR M	12	00:07:46	3'53"/km	00:00:26	13	00:16:58	35.33 km/h	00:00:25	9	00:03:59	3'59"/km	<b>00:29:37</b>	
4	9	Enrique	Martinez Melendez	E-TRIALTLON VALLADOLID	JUNIOR M	10	00:07:44	3'52"/km	00:00:20	16	00:17:10	34.92 km/h	00:00:18	14	00:04:06	4'06"/km	<b>00:29:40</b>	
5	13	Diego	Casado Alijas	E-TRIALTLON VALLADOLID	JUNIOR M	21	00:08:10	4'05"/km	00:00:27	20	00:17:37	34.02 km/h	00:00:24	10	00:04:00	4'00"/km	<b>00:30:41</b>	
	730	Victor	De Trigo Perez	TRIALTLON DUERO	JUNIOR M		00:08:58	4'29"/km	00:00:50		00:19:22	30.95 km/h	00:00:36		00:04:37	4'37"/km	<b>00:34:25</b>	
<b>JUNIOR F</b>																		
1	1378	Isabel	Alonso Martin	E-TRIALTLON VALLADOLID	JUNIOR F	48	00:09:43	4'51"/km	00:00:47	53	00:19:52	30.19 km/h	00:00:34	59	00:05:31	5'31"/km	<b>00:36:28</b>	
<b>SUB 23 M</b>																		
1	1292	Oscar	Pina	INDEPENDIENTE	SUB 23 M	34	00:08:41	4'20"/km	00:00:45	35	00:18:26	32.53 km/h	00:00:35	29	00:04:21	4'21"/km	<b>00:32:50</b>	
<b>VET1M</b>																		
1	307	Ruben	Barrio Lores	TRIALTLON PISUERGA-TRIPI	VET1M	5	00:07:35	3'47"/km	00:00:30	14	00:17:02	35.20 km/h	00:00:25	5	00:03:43	3'43"/km	<b>00:29:18</b>	
2	986	Borja	Mayordomo Muñoz	TRIALTLÓN FRÓMISTA-CPA QUALITY SERVICES	VET1M	35	00:08:51	4'25"/km	00:00:28	6	00:16:29	36.39 km/h	00:00:35	23	00:04:16	4'16"/km	<b>00:30:40</b>	
3	2003	Jose Manuel	Gago Costales	INDEPENDIENTE	VET1M	31	00:08:31	4'15"/km	00:00:32	33	00:18:17	32.78 km/h	00:00:26	15	00:04:06	4'06"/km	<b>00:31:55</b>	
4	504	Oscar Luis	Medrano Prieto	TRIALTLON AVILA	VET1M	25	00:08:26	4'13"/km	00:00:27	34	00:18:19	32.74 km/h	00:00:26	25	00:04:19	4'19"/km	<b>00:31:59</b>	
5	1294	Alberto	Mediavilla Urbaneja	INDEPENDIENTE	VET1M	32	00:08:32	4'16"/km	00:00:32	28	00:17:53	33.52 km/h	00:00:48	34	00:04:25	4'25"/km	<b>00:32:12</b>	
6	451	Pedro	Perez Prieto	CLUB TRIATLÓN CAMPOS DE CASTILLA	VET1M	36	00:08:52	4'26"/km	00:00:56	26	00:17:51	33.59 km/h	00:00:36	26	00:04:20	4'20"/km	<b>00:32:37</b>	
7	1296	Jose Miguel	Marcos Vidal	INDEPENDIENTE	VET1M	46	00:09:40	4'50"/km	00:00:31	32	00:18:16	32.83 km/h	00:00:30	52	00:05:04	5'04"/km	<b>00:34:04</b>	
8	1201	Julio Jose	Luengo Requena	TRIALTLON AGUILARENSE - GULLON	VET1M	40	00:09:12	4'36"/km	00:00:36	51	00:19:31	30.72 km/h	00:00:27	51	00:05:02	5'02"/km	<b>00:34:50</b>	
9	909	Jesus	Herranz Isabel	CD TRIATLÓN LACERTA	VET1M	63	00:10:55	5'27"/km	00:00:38	40	00:18:48	31.89 km/h	00:00:38	56	00:05:23	5'23"/km	<b>00:36:25</b>	
<b>VET1F</b>																		

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DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 2 KMS	LUIS ANGEL FERNANDEZ	DELEGADO TECNICO: LUIS ANGEL FERNANDEZ
CICLISMO: 10 KMS	SANTIAGO FERNANDEZ	JUEZ ARBITRO: ANGELA SANCHEZ
CARRERA A PIE 2: 1 KMS	.	CLASIFICACIONES: FTCYL

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
1	1449	Flor	Lamas Cuadrado	CLUB TRIATLON IMD SEGOVIA	VET1F	47	00:09:43	4'51"/km	00:00:33	50	00:19:26	30.85 km/h	00:00:56	41	00:04:44	4'44"/km	<b>00:35:25</b>	
2	1450	Marta	Martin Gimenez	CLUB TRIATLON IMD SEGOVIA	VET1F	52	00:09:51	4'55"/km	00:00:42	47	00:19:16	31.13 km/h	00:00:36	49	00:04:58	4'58"/km	<b>00:35:25</b>	
3	1729	Demelsa	Ruiz Martin	TRIALTLÓN FRÓMISTA-CPA QUALITY SERVICES	VET1F	53	00:09:52	4'56"/km	00:00:28	54	00:19:59	30.02 km/h	00:00:19	45	00:04:46	4'46"/km	<b>00:35:26</b>	
4	2002	Beatriz	Garcia Rodriguez	INDEPENDIENTE	VET1F	58	00:10:36	5'18"/km	00:00:49	59	00:20:10	29.73 km/h	00:00:39	57	00:05:26	5'26"/km	<b>00:37:42</b>	
<b>VET2M</b>																		
1	2006	Silvestre	Conejo Murciego	PILOÑA DEPORTE	VET2M	19	00:08:08	4'04"/km	00:00:37	8	00:16:44	35.84 km/h	00:00:25	3	00:03:42	3'42"/km	<b>00:29:37</b>	
2	1279	Peter Tinggaard	Johannesen	INDEPENDIENTE	VET2M	56	00:10:11	5'05"/km	00:00:40	21	00:17:40	33.93 km/h	00:00:51	50	00:05:02	5'02"/km	<b>00:34:26</b>	
3	310	German	Gonzalez Bombin	TRIALTLON PISUERGA-TRIPI	VET2M	38	00:09:00	4'30"/km	00:00:44	52	00:19:38	30.55 km/h	00:00:44	28	00:04:21	4'21"/km	<b>00:34:28</b>	
4	1295	Jose Luis	Fernandez De La Fuente	INDEPENDIENTE	VET2M	39	00:09:03	4'31"/km	00:00:56	58	00:20:09	29.76 km/h	00:00:43	36	00:04:32	4'32"/km	<b>00:35:24</b>	
5	669	Ernesto	Arenas Toledano	TRAGALEGUAS BURGOS	VET2M	55	00:10:08	5'04"/km	00:00:42	43	00:18:56	31.67 km/h	00:00:33	53	00:05:09	5'09"/km	<b>00:35:30</b>	
<b>VET2F</b>																		
1	1375	Maria Jose	Garcia Alvarez	E-TRIALTLON VALLADOLID	VET2F	43	00:09:21	4'40"/km	00:00:31	39	00:18:47	31.92 km/h	00:00:27	38	00:04:34	4'34"/km	<b>00:33:42</b>	
2	1786	Monica	Gancedo Valdes	INDEPENDIENTE	VET2F	50	00:09:49	4'54"/km	00:00:48	55	00:20:01	29.97 km/h	00:01:13	44	00:04:46	4'46"/km	<b>00:36:39</b>	
<b>JUVENIL M</b>																		
1	16	Fernando	Carmona Palacio	E-TRIALTLON VALLADOLID	JUVENIL M	1	00:07:21	3'40"/km	00:00:27	1	00:15:43	38.13 km/h	00:00:23	4	00:03:42	3'42"/km	<b>00:27:38</b>	
2	52	Oscar	Martinez Villoria	CD TRIATLON LAGUNA DE DUERO	JUVENIL M	22	00:08:11	4'05"/km	00:00:25	19	00:17:37	34.03 km/h	00:00:24	31	00:04:23	4'23"/km	<b>00:31:03</b>	
3	897	Lucas	De Santos Fraile	CD TRIATLÓN LACERTA	JUVENIL M	26	00:08:28	4'14"/km	00:00:28	42	00:18:55	31.70 km/h	00:00:26	35	00:04:27	4'27"/km	<b>00:32:46</b>	
4	519	Adrian	Garcia Gil	TRIALTLON AVILA	JUVENIL M	45	00:09:27	4'43"/km	00:00:36	44	00:18:57	31.65 km/h	00:00:31	47	00:04:51	4'51"/km	<b>00:34:25</b>	
5	1199	Jaime	Maestro Ruiz	TRIALTLON AGUILARENSE - GULLON	JUVENIL M	61	00:10:49	5'24"/km	00:00:36	46	00:19:05	31.43 km/h	00:00:34	63	00:06:11	6'11"/km	<b>00:37:16</b>	
	53	Jairo	Martin Negro	CD TRIATLON LAGUNA DE DUERO	JUVENIL M													
<b>JUVENIL F</b>																		
1	1379	Zoila	Sicilia Martin	E-TRIALTLON VALLADOLID	JUVENIL F	37	00:08:56	4'28"/km	00:00:32	36	00:18:34	32.30 km/h	00:00:25	33	00:04:25	4'25"/km	<b>00:32:54</b>	

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CARRERA A PIE: 2 KMS	LUIS ANGEL FERNANDEZ	DELEGADO TECNICO: LUIS ANGEL FERNANDEZ
CICLISMO: 10 KMS	SANTIAGO FERNANDEZ	JUEZ ARBITRO: ANGELA SANCHEZ
CARRERA A PIE 2: 1 KMS	.	CLASIFICACIONES: FTCYL

Pos Cat	Dor	Nombre	Apellidos	Club	Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	META	Dif.
2	1376	Andrea	Lopez Hernandez	E-TRIALTON VALLADOLID	JUVENIL F	49	00:09:48	4'54"/km	00:00:31	37	00:18:35	32.26 km/h	00:00:25	43	00:04:45	4'45"/km	<b>00:34:06</b>	
3	1471	Nerea	Del Rio Muñoz	TRIALTON CUELLAR	JUVENIL F	42	00:09:18	4'39"/km	00:00:34	56	00:20:03	29.90 km/h	00:00:23	42	00:04:44	4'44"/km	<b>00:35:05</b>	
4	1472	Marina	Herguedas Quintanilla	TRIALTON CUELLAR	JUVENIL F	41	00:09:18	4'39"/km	00:00:30	60	00:20:23	29.42 km/h	00:00:24	48	00:04:57	4'57"/km	<b>00:35:34</b>	
5	1412	Alba	Martin Fernandez	CD TRIATLON LAGUNA DE DUERO	JUVENIL F	51	00:09:51	4'55"/km	00:00:35	62	00:21:19	28.14 km/h	00:00:25	58	00:05:27	5'27"/km	<b>00:37:39</b>	
6	1469	Erika	Sanchez Mata	TRIALTON CUELLAR	JUVENIL F	60	00:10:49	5'24"/km	00:00:32	57	00:20:06	29.83 km/h	00:00:43	62	00:05:59	5'59"/km	<b>00:38:11</b>	
7	1757	Alba	Zurita Angel	TRIALTON AGUILARENSE - GULLON	JUVENIL F	62	00:10:54	5'27"/km	00:00:34	61	00:20:53	28.71 km/h	00:00:28	60	00:05:39	5'39"/km	<b>00:38:30</b>	
8	1756	Luna	De La Hera Gutierrez	TRIALTON AGUILARENSE - GULLON	JUVENIL F	64	00:11:50	5'55"/km	00:00:38	64	00:22:19	26.88 km/h	00:00:32	64	00:06:29	6'29"/km	<b>00:41:50</b>	
	1758	Ana	Ramos Amo	TRIALTON AGUILARENSE - GULLON	JUVENIL F													