

# DUATLON SPRINT Y DE MENORES DE STA. MARIA DEL PARAMO 2021

## PRUEBA SUPERSPRINT

DISTANCIAS / OTROS	JURADO COMPETICION	OFICIALES
CARRERA A PIE: 2 KMS	LUIS ANGEL FERNANDEZ	DELEGADO TECNICO: LUIS ANGEL FERNANDEZ
CICLISMO: 10 KMS	SANTIAGO FERNANDEZ	JUEZ ARBITRO: ANGELA SANCHEZ
CARRERA A PIE 2: 1 KMS	.	CLASIFICACIONES: FTCYL
FINALIZADOS: 64	RETIRADOS: 0	NO PRESENTADOS: 3
		DESCALIFICADOS: 1

Pos	Dor	Nombre	Apellidos	Club	Cat	Pos Cat	Pos Carr	Carrera a pie	Ritmo Carre.	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	Meta	Dif.
1	1379	Zoila	Sicilia Martin	E-TRIALTLON VALLADOLID	JUVENIL F	1	37	00:08:56	4'28"/km	00:00:32	36	00:18:34	32.30 km/h	00:00:25	33	00:04:25	4'25"/km	<b>00:32:54</b>	
2	1375	María Jose	García Alvarez	E-TRIALTLON VALLADOLID	VET2F	1	43	00:09:21	4'40"/km	00:00:31	39	00:18:47	31.92 km/h	00:00:27	38	00:04:34	4'34"/km	<b>00:33:42</b>	
3	1376	Andrea	Lopez Hernandez	E-TRIALTLON VALLADOLID	JUVENIL F	2	49	00:09:48	4'54"/km	00:00:31	37	00:18:35	32.26 km/h	00:00:25	43	00:04:45	4'45"/km	<b>00:34:06</b>	
4	1689	Marta	Villarroel Sainz	TRION - CLINICA DENTAL OSCAR GALLO GÜEMES	ABF	1	44	00:09:26	4'43"/km	00:00:39	49	00:19:26	30.85 km/h	00:00:36	40	00:04:44	4'44"/km	<b>00:34:53</b>	
5	1471	Nerea	Del Rio Muñoz	TRIALTLON CUELLAR	JUVENIL F	3	42	00:09:18	4'39"/km	00:00:34	56	00:20:03	29.90 km/h	00:00:23	42	00:04:44	4'44"/km	<b>00:35:05</b>	
6	1449	Flor	Lamas Cuadrado	CLUB TRIATLON IMD SEGOVIA	VET1F	1	47	00:09:43	4'51"/km	00:00:33	50	00:19:26	30.85 km/h	00:00:56	41	00:04:44	4'44"/km	<b>00:35:25</b>	
7	1450	Marta	Martin Gimenez	CLUB TRIATLON IMD SEGOVIA	VET1F	2	52	00:09:51	4'55"/km	00:00:42	47	00:19:16	31.13 km/h	00:00:36	49	00:04:58	4'58"/km	<b>00:35:25</b>	
8	1729	Demelsa	Ruiz Martin	TRIALTLÓN FRÓMISTA-CPA QUALITY SERVICES	VET1F	3	53	00:09:52	4'56"/km	00:00:28	54	00:19:59	30.02 km/h	00:00:19	45	00:04:46	4'46"/km	<b>00:35:26</b>	
9	1472	Marina	Herguedas Quintanilla	TRIALTLON CUELLAR	JUVENIL F	4	41	00:09:18	4'39"/km	00:00:30	60	00:20:23	29.42 km/h	00:00:24	48	00:04:57	4'57"/km	<b>00:35:34</b>	
10	1378	Isabel	Alonso Martin	E-TRIALTLON VALLADOLID	JUNIOR F	1	48	00:09:43	4'51"/km	00:00:47	53	00:19:52	30.19 km/h	00:00:34	59	00:05:31	5'31"/km	<b>00:36:28</b>	
11	1786	Monica	Gancedo Valdes	INDEPENDIENTE	VET2F	2	50	00:09:49	4'54"/km	00:00:48	55	00:20:01	29.97 km/h	00:01:13	44	00:04:46	4'46"/km	<b>00:36:39</b>	
12	1412	Alba	Martin Fernandez	CD TRIATLON LAGUNA DE DUERO	JUVENIL F	5	51	00:09:51	4'55"/km	00:00:35	62	00:21:19	28.14 km/h	00:00:25	58	00:05:27	5'27"/km	<b>00:37:39</b>	
13	2002	Beatriz	Garcia Rodriguez	INDEPENDIENTE	VET1F	4	58	00:10:36	5'18"/km	00:00:49	59	00:20:10	29.73 km/h	00:00:39	57	00:05:26	5'26"/km	<b>00:37:42</b>	
14	1469	Erika	Sanchez Mata	TRIALTLON CUELLAR	JUVENIL F	6	60	00:10:49	5'24"/km	00:00:32	57	00:20:06	29.83 km/h	00:00:43	62	00:05:59	5'59"/km	<b>00:38:11</b>	
15	1757	Alba	Zurita Angel	TRIALTLON AGUILARENSE - GULLON	JUVENIL F	7	62	00:10:54	5'27"/km	00:00:34	61	00:20:53	28.71 km/h	00:00:28	60	00:05:39	5'39"/km	<b>00:38:30</b>	
16	1756	Luna	De La Hera Gutierrez	TRIALTLON AGUILARENSE - GULLON	JUVENIL F	8	64	00:11:50	5'55"/km	00:00:38	64	00:22:19	26.88 km/h	00:00:32	64	00:06:29	6'29"/km	<b>00:41:50</b>	
	1758	Ana	Ramos Amo	TRIALTLON AGUILARENSE - GULLON	JUVENIL F														