

# TRIALTON SPRINT DE ALMAZAN . CTO. CyL

DISTANCIAS / OTROS		JURADO COMPETICION			OFICIALES		
NATAACION: 700ms / 1 Vuelta	Temp:21º	Amancio Del Castillo			DELEGADO TECNICO: Sergio de la Rosa		
CICLISMO: 20,8kms / 3 Vueltas		Sergio de la Rosa			JUEZ ARBITRO: Sergio Machín		
CARRERA: 3.7Kms / 3 Vueltas		HECTOR PERALES			CLASIFICACIONES:FTCYL		
FINALIZADOS: 79		RETIRADOS: 2			NO PRESENTADOS: 8		
					DESCALIFICADOS: 0		

Pos	Dor	Nombre	Apellidos	Club	Pos Nat	Natación	Ritmo Nat	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Car r	Carrera a pie	Ritmo Carre	Meta	Dif
1	1503	Marina	Muñoz Hernando	CLUB TRIATLON SORIANO	20	00:12:35	1'40"/100m	00:01:13	27	00:33:35	34.83 km/h	00:00:33	17	00:15:17	4'07"/km	01:03:15	00:06:57
2	1377	Esther	Gomez Gonzalez	E-TRIALTON VALLADOLID	7	00:11:19	1'30"/100m	00:01:21	33	00:34:23	34.01 km/h	00:00:34	31	00:16:22	4'25"/km	01:04:02	00:07:45
3	2001	Pilar	Garcia Llorena	AD NAUTICO DE NARON	11	00:11:44	1'33"/100m	00:01:21	32	00:34:19	34.07 km/h	00:00:32	50	00:17:18	4'40"/km	01:05:17	00:08:59
4	1379	Zoila	Sicilia Martin	E-TRIALTON VALLADOLID	21	00:12:36	1'40"/100m	00:01:13	46	00:35:44	32.73 km/h	00:00:34	38	00:16:40	4'30"/km	01:06:50	00:10:32
5	1411	Elena	Olea Martin	CD TRIATLON LAGUNA DE DUERO	28	00:13:16	1'46"/100m	00:01:29	47	00:35:45	32.72 km/h	00:00:38	45	00:17:08	4'37"/km	01:08:17	00:12:00
6	1375	Maria Jose	Garcia Alvarez	E-TRIALTON VALLADOLID	26	00:13:12	1'45"/100m	00:01:29	49	00:36:40	31.90 km/h	00:00:43	56	00:18:10	4'54"/km	01:10:15	00:13:58
7	1376	Andrea	Lopez Hernandez	E-TRIALTON VALLADOLID	8	00:11:21	1'30"/100m	00:01:19	71	00:40:25	28.93 km/h	00:00:40	64	00:20:01	5'24"/km	01:13:48	00:17:31
8	1412	Alba	Martin Fernandez	CD TRIATLON LAGUNA DE DUERO	27	00:13:13	1'45"/100m	00:01:25	66	00:39:19	29.74 km/h	00:00:38	62	00:19:52	5'22"/km	01:14:30	00:18:13
9	1469	Erika	Sanchez Mata	TRIALTON CUELLAR	38	00:14:02	1'52"/100m	00:01:47	62	00:38:09	30.65 km/h	00:00:40	68	00:20:34	5'33"/km	01:15:15	00:18:57
10	1378	Isabel	Alonso Martin	E-TRIALTON VALLADOLID	30	00:13:20	1'46"/100m	00:01:45	63	00:38:53	30.08 km/h	00:00:41	73	00:22:02	5'57"/km	01:16:43	00:20:25
11	1648	Amalia	Grobas Gonzalez	TRAGALEGUAS BURGOS	59	00:16:11	2'09"/100m	00:01:55	67	00:39:29	29.62 km/h	00:00:56	60	00:19:28	5'15"/km	01:18:01	00:21:44
12	1450	Marta	Martin Gimenez	CLUB TRIATLON IMD SEGOVIA	72	00:20:12	2'41"/100m	00:01:45	61	00:38:08	30.66 km/h	00:00:44	57	00:18:14	4'55"/km	01:19:05	00:22:48
13	1448	Asuncion	Arroyo Benito	CLUB TRIATLON IMD SEGOVIA	62	00:17:09	2'17"/100m	00:01:51	69	00:39:47	29.39 km/h	00:01:00	71	00:21:11	5'43"/km	01:21:01	00:24:43
14	2002	Cecilia	Sesma Navarro	CD VALDEBEBAS	61	00:17:05	2'16"/100m	00:02:18	72	00:42:24	27.59 km/h	00:01:05	59	00:18:37	5'02"/km	01:21:31	00:25:14
15	1598	Eva	Martin Martin	TRIALTON AVILA	70	00:19:29	2'35"/100m	00:01:54	73	00:42:48	27.33 km/h	00:00:50	66	00:20:07	5'26"/km	01:25:10	00:28:52
16	2003	Maria Del Carmen	Aragon Migueles	CLUB TRIATLON SAMBURIEL	71	00:19:34	2'36"/100m	00:02:23	74	00:43:04	27.16 km/h	00:00:49	69	00:20:39	5'34"/km	01:26:30	00:30:13
17	1592	Maria Longina	Herraez Mancebo	TRIALTON AVILA	77	00:32:44	4'21"/100m	00:03:16	75	00:46:21	25.24 km/h	00:01:40	77	00:27:20	7'23"/km	01:51:23	00:55:06
	1417	Silvia	Ruiz Lucio	CD TRIATLON LAGUNA DE DUERO		00:16:19	2'10"/100m	00:01:57		00:40:32	28.85 km/h	00:01:20					