

TRIALTLON SPRINT DE ALMAZAN . CTO. CyL

DISTANCIAS / OTROS		JURADO COMPETICION			OFICIALES		
NATAACION: 700ms / 1 Vuelta		Amancio Del Castillo			DELEGADO TECNICO: Sergio de la Rosa		
Temp:21º		Sergio de la Rosa			JUEZ ARBITRO: Sergio Machín		
CICLISMO: 20,8kms / 3 Vueltas		HECTOR PERALES			CLASIFICACIONES:FTCYL		
CARRERA: 3.7Kms / 3 Vueltas							
FINALIZADOS: 79		RETIRADOS: 2			NO PRESENTADOS: 8		
					DESCALIFICADOS: 0		

Pos	Dor	Nombre	Apellidos	Club	Pos Nat	Natación	Ritmo Nat	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Car r	Carrera a pie	Ritmo Carre	Meta	Dif
1	176	Jaime	Izquierdo Alcazar	CLUB TRIATLON SORIANO	1	00:10:59	1'27"/100m	00:01:10	2	00:29:26	39.74 km/h	00:00:34	6	00:14:07	3'48"/km	00:56:17	00:00:00
2	16	Fernando	Carmona Palacio	E-TRIALTLON VALLADOLID	6	00:11:13	1'29"/100m	00:01:10	11	00:31:44	36.86 km/h	00:00:30	4	00:13:51	3'44"/km	00:58:29	00:02:11
3	3	Raul	Gomez Gonzalez	E-TRIALTLON VALLADOLID	2	00:11:02	1'28"/100m	00:01:06	14	00:32:00	36.55 km/h	00:00:30	5	00:14:06	3'48"/km	00:58:47	00:02:29
4	9	Enrique	Martinez Melendez	E-TRIALTLON VALLADOLID	5	00:11:12	1'29"/100m	00:01:13	13	00:31:44	36.85 km/h	00:00:33	8	00:14:24	3'53"/km	00:59:08	00:02:50
5	1276	Diego	Fernandez Fernandez	INDEPENDIENTE	4	00:11:11	1'29"/100m	00:01:18	10	00:31:38	36.97 km/h	00:00:32	11	00:14:29	3'55"/km	00:59:10	00:02:52
6	284	Raul	Sanchez Sanz	TRIALTLON PISUERGA-TRUPI	9	00:11:27	1'31"/100m	00:01:18	16	00:32:16	36.25 km/h	00:00:38	2	00:13:31	3'39"/km	00:59:12	00:02:54
7	59	Ruben	Hernando Ferrero	CD TRIATLON LAGUNA DE DUERO	16	00:12:07	1'37"/100m	00:01:15	9	00:31:37	36.99 km/h	00:00:34	7	00:14:20	3'52"/km	00:59:56	00:03:38
8	4	Victor	Gonzalez Lazaro	E-TRIALTLON VALLADOLID	3	00:11:05	1'28"/100m	00:01:19	12	00:31:44	36.85 km/h	00:00:33	20	00:15:33	4'12"/km	01:00:15	00:03:57
9	296	Gonzalo	Arranz Montero	TRIALTLON PISUERGA-TRUPI	23	00:12:47	1'42"/100m	00:01:14	8	00:31:34	37.06 km/h	00:00:30	9	00:14:24	3'53"/km	01:00:30	00:04:13
10	64	Oscar	De Nicolas Martinez	CD TRIATLON LAGUNA DE DUERO	17	00:12:13	1'37"/100m	00:01:14	7	00:31:33	37.08 km/h	00:00:32	18	00:15:25	4'10"/km	01:00:58	00:04:41
11	1304	Ruben	De Santiago Lopez	CLUB TRIATLON LAS ROZAS	13	00:11:49	1'34"/100m	00:01:22	20	00:32:32	35.94 km/h	00:00:37	12	00:14:41	3'58"/km	01:01:04	00:04:46
12	5	Javier	Garcia Asenjo	E-TRIALTLON VALLADOLID	10	00:11:42	1'33"/100m	00:01:09	15	00:32:09	36.38 km/h	00:00:36	22	00:15:43	4'15"/km	01:01:20	00:05:03
13	14	Arturo	Chamorro Navarro	E-TRIALTLON VALLADOLID	25	00:13:00	1'44"/100m	00:01:30	5	00:31:14	37.45 km/h	00:00:43	15	00:15:01	4'03"/km	01:01:30	00:05:12
14	2008	Jesus	Garcia Llorena	AD NAUTICO DE NARON	29	00:13:17	1'46"/100m	00:01:20	21	00:32:42	35.77 km/h	00:00:30	3	00:13:40	3'41"/km	01:01:31	00:05:13
15	2013	Javier Angel	Miguelez Oviedo	CLUB TRIATLON 401	32	00:13:26	1'47"/100m	00:01:31	3	00:30:44	38.06 km/h	00:00:36	21	00:15:36	4'13"/km	01:01:55	00:05:38
16	307	Ruben	Barrio Lores	TRIALTLON PISUERGA-TRUPI	24	00:12:54	1'43"/100m	00:01:13	6	00:31:32	37.09 km/h	00:00:42	24	00:15:56	4'18"/km	01:02:19	00:06:01
17	184	Javier	Risco Bermejo	CLUB TRIATLON SORIANO	35	00:13:36	1'48"/100m	00:01:27	17	00:32:17	36.22 km/h	00:00:39	10	00:14:28	3'54"/km	01:02:29	00:06:12
18	60	Hugo	Fernandez Tovar	CD TRIATLON LAGUNA DE DUERO	12	00:11:45	1'34"/100m	00:01:19	23	00:33:25	35.00 km/h	00:00:37	23	00:15:45	4'15"/km	01:02:53	00:06:35
19	286	Jesus	Merino Perez	TRIALTLON PISUERGA-TRUPI	31	00:13:20	1'46"/100m	00:01:31	4	00:30:51	37.91 km/h	00:00:48	35	00:16:32	4'28"/km	01:03:05	00:06:47
20	189	Daniel	Martinez Hernando	CLUB TRIATLON SORIANO	57	00:16:08	2'09"/100m	00:01:31	19	00:32:25	36.09 km/h	00:00:38	1	00:12:24	3'21"/km	01:03:07	00:06:50
21	612	David	Lazaro Delgado	OLID TRIATHLON TEAM UNIVEST-NUTRIFOLSA	15	00:12:04	1'36"/100m	00:01:20	18	00:32:18	36.22 km/h	00:00:44	51	00:17:20	4'41"/km	01:03:48	00:07:30
22	2010	Juan	Barrios Gomez	CLUB ATLETICO MELILLA	41	00:14:19	1'54"/100m	00:01:36	22	00:32:42	35.76 km/h	00:00:36	16	00:15:03	4'04"/km	01:04:18	00:08:00
23	13	Diego	Casado Alijas	E-TRIALTLON VALLADOLID	14	00:11:59	1'35"/100m	00:01:35	31	00:34:06	34.30 km/h	00:00:35	26	00:16:06	4'21"/km	01:04:23	00:08:05
24	11	Hugo	Moreta Magdaleno	E-TRIALTLON VALLADOLID	18	00:12:19	1'38"/100m	00:01:51	24	00:33:30	34.92 km/h	00:00:53	25	00:15:58	4'19"/km	01:04:32	00:08:14
25	58	David	Fernandez Velasco	CD TRIATLON LAGUNA DE DUERO	19	00:12:34	1'40"/100m	00:01:36	25	00:33:32	34.88 km/h	00:00:40	40	00:16:46	4'32"/km	01:05:10	00:08:52

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NATAACION: 700ms / 1 Vuelta		Amancio Del Castillo			DELEGADO TECNICO: Sergio de la Rosa		
Temp:21º		Sergio de la Rosa			JUEZ ARBITRO: Sergio Machín		
CICLISMO: 20,8kms / 3 Vueltas		HECTOR PERALES			CLASIFICACIONES:FTCYL		
CARRERA: 3.7Kms / 3 Vueltas							
FINALIZADOS: 79		RETIRADOS: 2			NO PRESENTADOS: 8		
					DESCALIFICADOS: 0		

Pos	Dor	Nombre	Apellidos	Club	Pos Nat	Natación	Ritmo Nat	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Carr	Carrera a pie	Ritmo Carre	Meta	Dif
26	151	Roberto	Vega Caceres	TRIALTON CUELLAR	33	00:13:30	1'48"/100m	00:01:36	39	00:35:01	33.40 km/h	00:00:44	14	00:14:55	4'01"/km	01:05:48	00:09:30
27	2011	Lorenzo	Sanz Vicente	TRI + MORALZARZAL	45	00:14:50	1'58"/100m	00:01:43	26	00:33:33	34.86 km/h	00:00:42	19	00:15:26	4'10"/km	01:06:16	00:09:58
28	897	Lucas	De Santos Fraile	CD TRIATLON LACERTA	22	00:12:44	1'41"/100m	00:01:33	45	00:35:42	32.76 km/h	00:00:39	27	00:16:08	4'21"/km	01:06:47	00:10:30
29	2012	Jose Miguel	Villaverde Rascon	CD VALDEBEBAS	47	00:14:59	1'59"/100m	00:02:05	34	00:34:28	33.94 km/h	00:00:40	13	00:14:47	3'59"/km	01:07:00	00:10:42
30	111	Eduardo	Escudero Martin	CLUB TRIATLON IMD SEGOVIA	34	00:13:32	1'48"/100m	00:01:30	41	00:35:08	33.29 km/h	00:00:39	32	00:16:23	4'25"/km	01:07:13	00:10:55
31	6	Jose Alberto	Arias Muñiz	E-TRIALTON VALLADOLID	40	00:14:12	1'53"/100m	00:01:24	35	00:34:33	33.85 km/h	00:00:38	36	00:16:36	4'29"/km	01:07:25	00:11:08
32	2015	Javier	De Nicolas Rincon	NO FEDERADO	48	00:15:00	2'00"/100m	00:01:31	28	00:33:37	34.78 km/h	00:00:38	42	00:16:49	4'32"/km	01:07:38	00:11:20
33	186	Javier	Verges Asensio	CLUB TRIATLON SORIANO	44	00:14:47	1'58"/100m	00:01:31	29	00:33:50	34.57 km/h	00:00:54	41	00:16:46	4'32"/km	01:07:50	00:11:33
34	101	Gustavo Adolfo	Martin Sen	CLUB TRIATLON IMD SEGOVIA	43	00:14:41	1'57"/100m	00:02:01	37	00:34:46	33.64 km/h	00:00:45	28	00:16:11	4'22"/km	01:08:27	00:12:10
35	204	Javier	Laorden Peñalba	CLUB TRIATLON SORIANO	51	00:15:16	2'02"/100m	00:01:24	38	00:34:51	33.56 km/h	00:00:40	29	00:16:16	4'24"/km	01:08:29	00:12:11
36	2005	Tomas	Aparicio Martin- Orozco	CLUB TRIATLON 28300 ARANJUEZ	68	00:18:15	2'26"/100m	00:03:01	1	00:26:49	43.62 km/h	00:00:59	63	00:19:53	5'22"/km	01:08:58	00:12:40
37	1072	Jesus	De Nicolas Rincon	CAT PARQUESOL	55	00:15:44	2'05"/100m	00:01:49	30	00:33:58	34.43 km/h	00:00:31	46	00:17:10	4'38"/km	01:09:14	00:12:56
38	2016	Manuel	Latorre Sainz	HIRUKI VALLE DE EGUES TRIATLON	49	00:15:01	2'00"/100m	00:01:38	40	00:35:02	33.38 km/h	00:00:53	39	00:16:46	4'31"/km	01:09:23	00:13:05
39	902	Ruben	Marugan Renedo	CD TRIATLON LACERTA	37	00:13:53	1'51"/100m	00:01:36	48	00:36:05	32.40 km/h	00:00:51	52	00:17:23	4'41"/km	01:09:50	00:13:32
40	53	Jairo	Martin Negro	CD TRIATLON LAGUNA DE DUERO	39	00:14:06	1'52"/100m	00:01:29	43	00:35:23	33.05 km/h	00:00:44	58	00:18:31	5'00"/km	01:10:15	00:13:58
41	2009	Carlos Gustavo	Romero Bueno	CLUB ATLETICO MELILLA	46	00:14:56	1'59"/100m	00:01:42	51	00:37:04	31.55 km/h	00:00:46	30	00:16:19	4'24"/km	01:10:49	00:14:32
42	1070	Alvaro	Sanz Alonso	CAT PARQUESOL	52	00:15:17	2'02"/100m	00:01:35	36	00:34:43	33.70 km/h	00:02:10	53	00:17:36	4'45"/km	01:11:22	00:15:05
43	56	Nicolas	Ramos Del Barco	CD TRIATLON LAGUNA DE DUERO	54	00:15:28	2'03"/100m	00:01:23	55	00:37:36	31.11 km/h	00:00:32	33	00:16:25	4'26"/km	01:11:25	00:15:07
44	1257	Manuel	Fernandez Aceña	CLUB DEPORTIVO TRIVALL	53	00:15:18	2'02"/100m	00:01:59	56	00:37:37	31.09 km/h	00:00:51	34	00:16:27	4'26"/km	01:12:15	00:15:58
45	2006	Pedro	Aparicio Betrian	TRIDINOS	42	00:14:32	1'56"/100m	00:01:48	42	00:35:14	33.19 km/h	00:00:42	67	00:20:10	5'27"/km	01:12:27	00:16:09
46	896	Gabriel	Bravo Moreno	CD TRIATLON LACERTA	64	00:17:33	2'20"/100m	00:01:29	44	00:35:29	32.95 km/h	00:00:48	47	00:17:10	4'38"/km	01:12:32	00:16:14
47	2014	Luis Eduardo	Gonzalez Martin	INDEPENDIENTE	50	00:15:15	2'02"/100m	00:01:58	54	00:37:26	31.24 km/h	00:01:10	44	00:17:04	4'36"/km	01:12:55	00:16:37
48	317	Adolfo	Valentin Fernandez	TRIALTON PISUERGA-TRIPI	65	00:17:45	2'22"/100m	00:01:50	50	00:36:55	31.68 km/h	00:00:46	37	00:16:39	4'30"/km	01:13:57	00:17:40
49	1306	Angel	Castro Villanueva	INDEPENDIENTE	56	00:16:01	2'08"/100m	00:02:15	57	00:37:46	30.97 km/h	00:01:04	49	00:17:17	4'40"/km	01:14:24	00:18:07

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Temp:21º		Sergio de la Rosa			JUEZ ARBITRO: Sergio Machín			
CICLISMO: 20,8kms / 3 Vueltas		HECTOR PERALES			CLASIFICACIONES:FTCYL			
CARRERA: 3.7Kms / 3 Vueltas								
FINALIZADOS: 79		RETIRADOS 2			NO PRESENTADOS: 8			
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Pos	Dor	Nombre	Apellidos	Club	Pos Nat	Natación	Ritmo Nat	T1	Pos Cicli	Ciclismo	Vel Cicli	T2	Pos Car r	Carrera a pie	Ritmo Carre	Meta	Dif
50	2004	Javier	Alonso Cabrillo	INDEPENDIENTE	58	00:16:10	2'09"/100m	00:02:00	65	00:39:19	29.75 km/h	00:00:42	43	00:16:52	4'33"/km	01:15:05	00:18:47
51	662	Luis	Castellanos Gutierrez	TRAGALEGUAS BURGOS	67	00:17:57	2'23"/100m	00:02:02	53	00:37:19	31.34 km/h	00:01:00	55	00:18:01	4'52"/km	01:16:21	00:20:03
52	412	Luis	Redondo Badas	CD TRIATLON BOMBEROS VALLADOLID	66	00:17:51	2'22"/100m	00:02:10	59	00:38:03	30.74 km/h	00:00:49	54	00:18:00	4'51"/km	01:16:54	00:20:36
53	381	Jose Javier	De La Calle Martin	TRIALTLON PALENCIA												01:16:59	00:20:41
54	509	Ruben	Lopez Lozano	TRIALTLON AVILA	74	00:21:51	2'54"/100m	00:01:43	60	00:38:04	30.72 km/h	00:00:43	48	00:17:13	4'39"/km	01:19:37	00:23:19
55	675	Felix	Castrillo San Rafael	TRAGALEGUAS BURGOS	69	00:18:18	2'26"/100m	00:02:41	52	00:37:08	31.49 km/h	00:01:08	72	00:21:33	5'49"/km	01:20:50	00:24:32
56	895	Juan Pedro	Aragoneses Maroto	CD TRIATLON LACERTA	60	00:16:29	2'11"/100m	00:02:17	70	00:40:19	29.01 km/h	00:01:13	70	00:20:52	5'38"/km	01:21:12	00:24:54
57	1199	Jaime	Maestro Ruiz	TRIALTLON AGUILARENSE - GULLON	63	00:17:20	2'18"/100m	00:02:01	64	00:39:08	29.88 km/h	00:01:03	76	00:24:00	6'29"/km	01:23:33	00:27:16
58	1291	David	Sanchez Rodriguez	INDEPENDIENTE												01:23:59	00:27:41
59	2017	Jose Luis	Navarro Gamarra	NO FEDERADO	73	00:21:07	2'49"/100m	00:02:55	68	00:39:34	29.56 km/h	00:00:42	65	00:20:02	5'24"/km	01:24:23	00:28:05
60	907	Rufino	Ramirez Garcia	CD TRIATLON LACERTA	75	00:22:45	3'02"/100m	00:04:01	58	00:38:01	30.76 km/h	00:01:10	61	00:19:44	5'20"/km	01:25:44	00:29:26
61	2007	Jorge	San Segundo Herraiez	NO FEDERADO	36	00:13:52	1'51"/100m	00:03:43	77	00:47:28	24.64 km/h	00:01:34	74	00:23:01	6'13"/km	01:29:41	00:33:23
62	199	Jose Luis	Garcia Garcia	CLUB TRIATLON SORIANO	76	00:24:38	3'17"/100m	00:02:49	76	00:47:04	24.85 km/h	00:01:07	75	00:23:32	6'21"/km	01:39:11	00:42:54
519		Adrian	Garcia Gil	TRIALTLON AVILA													
55		Sergio	Fernandez Suarez	CD TRIATLON LAGUNA DE DUERO													
51		Paulino	Montero Arranz	CD TRIATLON LAGUNA DE DUERO													
510		Julio	Hernandez Rodriguez	TRIALTLON AVILA													
1283		Hector	Martin Alonso	INDEPENDIENTE													
183		Hugo	Ramos Del Barco	CLUB TRIATLON SORIANO		00:11:54	1'35"/100m	00:01:17		00:33:17	35.13 km/h	00:00:33					
182		Pablo	Perez Alvarez	CLUB TRIATLON SORIANO													
894		Juan	Aragoneses Herrero	CD TRIATLON LACERTA													
1313		Jose Luis	Toribio Gonzalez	INDEPENDIENTE													