

# XI TRIATLÓN CIUDAD DE PALENCIA (Cto CyL Triatlón Sprint)

## TRIAVLÓN SPRINT - AUTONOMICO FEMENINO

| DISTANCIAS / OTROS     | JURADO COMPETICION   | OFICIALES                       |
|------------------------|----------------------|---------------------------------|
| CARRERA A PIE: 4.8 KMS | JAVIER GARCIA        | DELEGADO TECNICO: JAVIER GARCIA |
| CICLISMO: 22 KMS       | MARCOS LOBO          | JUEZ ARBITRO: FERNANDO ORTEGA   |
| NATACION: 750 MS       | CESAR TIJERO VALLEJO | CLASIFICACIONES: FTCYL          |

FECHA: 18/06/2023

| Pos | Dor  | Nombre     | Apellidos           | Club                            | Cat    | Pcat CyL | Pos Nat | Natación | Ritmo Nat. | T1   | Pos Cicli | Ciclismo | Vel Cicli  | T2   | Pos Carr | Carrera a pie | Ritmo Carre | Meta     |
|-----|------|------------|---------------------|---------------------------------|--------|----------|---------|----------|------------|------|-----------|----------|------------|------|----------|---------------|-------------|----------|
| 1   | 1379 | Zoila      | Sicilia Martín      | E-TRIAVLÓN VALLADOLID           | JNF    | 1        | 4       | 00:11:40 | 1'33"/100m | 0:27 | 2         | 00:36:21 | 36.35 km/h | 0:22 | 2        | 00:19:16      | 3'52"/km    | 01:08:07 |
| 2   | 1377 | Esther     | Gómez González      | E-TRIAVLÓN VALLADOLID           | SUB23F | 1        | 1       | 00:11:25 | 1'31"/100m | 0:28 | 3         | 00:36:33 | 36.15 km/h | 0:24 | 8        | 00:20:14      | 4'04"/km    | 01:09:07 |
| 3   | 1503 | Claudia    | Samitier Andrés     | SALTOKI TRIKIDEAK               | SUB23F | 2        | 2       | 00:11:30 | 1'32"/100m | 0:43 | 1         | 00:33:57 | 38.93 km/h | 0:27 | 16       | 00:23:41      | 4'46"/km    | 01:10:19 |
| 4   | 1425 | Lucía      | Rodríguez Benito    | C.D. TRIAVLÓN LAGUNA DE DUERO   | SUB23F | 3        | 7       | 00:12:30 | 1'40"/100m | 0:39 | 4         | 00:37:09 | 35.56 km/h | 0:29 | 5        | 00:20:08      | 4'03"/km    | 01:10:57 |
| 5   | 1412 | Alba       | Martín Fernández    | C.D. TRIAVLÓN LAGUNA DE DUERO   | JNF    | 2        | 5       | 00:12:25 | 1'39"/100m | 0:37 | 5         | 00:37:15 | 35.47 km/h | 0:28 | 10       | 00:21:17      | 4'17"/km    | 01:12:04 |
| 6   | 1505 | Valeria    | Moñux Asensio       | CLUB TRIAVLÓN SORIANO           | JVF    |          | 12      | 00:13:54 | 1'51"/100m | 0:43 | 12        | 00:38:40 | 34.17 km/h | 0:28 | 3        | 00:19:28      | 3'55"/km    | 01:13:14 |
| 7   | 2007 | Camila     | Romero Taveras      | E-TRIAVLÓN VALLADOLID           | SUB23F | 4        | 10      | 00:13:17 | 1'46"/100m | 0:32 | 16        | 00:39:11 | 33.72 km/h | 0:26 | 7        | 00:20:11      | 4'03"/km    | 01:13:39 |
| 8   | 1647 | Laura      | Fernández García    | CLUB TRIAVLÓN SORIANO           | ABF    |          | 11      | 00:13:24 | 1'47"/100m | 0:48 | 14        | 00:38:45 | 34.10 km/h | 0:30 | 6        | 00:20:11      | 4'03"/km    | 01:13:40 |
| 9   | 1793 | Ester      | Rodríguez Sánchez   | ESCUELA DE TRIAVLÓN SALMANTINA  | ABF    |          | 15      | 00:14:29 | 1'55"/100m | 1:05 | 13        | 00:38:42 | 34.15 km/h | 0:34 | 1        | 00:18:54      | 3'48"/km    | 01:13:45 |
| 10  | 1689 | Marta      | Villarroel Sainz    | CLUB TRIAVLÓN SORIANO           | ABF    |          | 17      | 00:14:44 | 1'57"/100m | 1:04 | 9         | 00:38:24 | 34.41 km/h | 0:29 | 4        | 00:19:30      | 3'55"/km    | 01:14:14 |
| 11  | 1411 | Elena      | Olea Martín         | C.D. TRIAVLÓN LAGUNA DE DUERO   | V2F    | 1        | 9       | 00:12:41 | 1'41"/100m | 0:42 | 18        | 00:39:36 | 33.37 km/h | 0:28 | 9        | 00:20:51      | 4'11"/km    | 01:14:19 |
| 12  | 1376 | Andrea     | López Hernández     | E-TRIAVLÓN VALLADOLID           | JNF    | 3        | 3       | 00:11:38 | 1'33"/100m | 0:41 | 7         | 00:38:02 | 34.75 km/h | 0:28 | 18       | 00:23:54      | 4'48"/km    | 01:14:44 |
| 13  | 1384 | María      | Rodríguez Revuelta  | E-TRIAVLÓN VALLADOLID           | JVF    |          | 13      | 00:13:55 | 1'51"/100m | 0:44 | 10        | 00:38:39 | 34.18 km/h | 0:30 | 11       | 00:21:46      | 4'22"/km    | 01:15:35 |
| 14  | 1792 | Celia      | González Sánchez    | ESCUELA DE TRIAVLÓN SALMANTINA  | JVF    |          | 14      | 00:13:55 | 1'51"/100m | 1:10 | 17        | 00:39:13 | 33.69 km/h | 0:33 | 12       | 00:22:22      | 4'30"/km    | 01:17:15 |
| 15  | 1469 | Erika      | Sánchez Mata        | CLUB TRIAVLÓN SORIANO           | JNF    | 4        | 16      | 00:14:36 | 1'56"/100m | 0:46 | 15        | 00:38:49 | 34.05 km/h | 0:29 | 17       | 00:23:53      | 4'48"/km    | 01:18:35 |
| 16  | 1387 | Miriam     | Holgado Marzo       | E-TRIAVLÓN VALLADOLID           | ABF    |          | 23      | 00:16:44 | 2'13"/100m | 1:27 | 8         | 00:38:21 | 34.46 km/h | 0:39 | 13       | 00:23:12      | 4'40"/km    | 01:20:24 |
| 17  | 1450 | Marta      | Martín Giménez      | CLUB TRIAVLÓN IMD SEGOVIA       | V2F    | 2        | 18      | 00:15:18 | 2'02"/100m | 1:04 | 19        | 00:40:09 | 32.90 km/h | 0:31 | 14       | 00:23:25      | 4'42"/km    | 01:20:30 |
| 18  | 1448 | Asunción   | Arroyo Benito       | CLUB TRIAVLÓN IMD SEGOVIA       | V2F    | 3        | 25      | 00:17:00 | 2'16"/100m | 0:54 | 11        | 00:38:40 | 34.17 km/h | 0:36 | 20       | 00:24:52      | 5'00"/km    | 01:22:03 |
| 19  | 1417 | Silvia     | Ruiz Lucio          | C.D. TRIAVLÓN LAGUNA DE DUERO   | V3F    | 1        | 19      | 00:15:22 | 2'02"/100m | 0:48 | 20        | 00:41:14 | 32.05 km/h | 0:46 | 21       | 00:25:24      | 5'06"/km    | 01:23:34 |
| 20  | 1416 | Cristina   | Serna Pérez         | TRIAVLÓN PISUERGA-TRIPI         | V1F    | 1        | 21      | 00:16:32 | 2'12"/100m | 1:15 | 24        | 00:42:35 | 31.02 km/h | 0:44 | 15       | 00:23:37      | 4'45"/km    | 01:24:45 |
| 21  | 1593 | Ruth       | Urien Rodríguez     | CLUB DEPORTIVO ÁVILA RUNNERS    | V1F    | 2        | 26      | 00:17:04 | 2'16"/100m | 1:35 | 21        | 00:41:16 | 32.01 km/h | 0:43 | 22       | 00:25:25      | 5'07"/km    | 01:26:05 |
| 22  | 1381 | Clara      | Martín Rodríguez    | E-TRIAVLÓN VALLADOLID           | SUB23F | 5        | 24      | 00:16:50 | 2'14"/100m | 1:12 | 23        | 00:42:13 | 31.30 km/h | 0:44 | 24       | 00:27:44      | 5'34"/km    | 01:28:45 |
| 23  | 1624 | María José | Moral Herrero       | CLUB TRIAVLÓN SALAMANCA         | V2F    | 4        | 22      | 00:16:43 | 2'13"/100m | 1:13 | 25        | 00:43:46 | 30.19 km/h | 1:01 | 23       | 00:26:12      | 5'16"/km    | 01:28:58 |
| 24  | 1578 | Alexia     | Fernández Rodríguez | CD TRIAVLÓN BOMBEROS VALLADOLID | ABF    |          | 27      | 00:17:55 | 2'23"/100m | 1:49 | 27        | 00:45:34 | 29.00 km/h | 0:58 | 19       | 00:24:19      | 4'53"/km    | 01:30:37 |
| 25  | 1575 | Rebeca     | Olmedo Ramiro       | CD TRIAVLÓN BOMBEROS VALLADOLID | V1F    | 3        | 20      | 00:16:21 | 2'10"/100m | 1:17 | 26        | 00:44:09 | 29.92 km/h | 0:58 | 25       | 00:30:09      | 6'04"/km    | 01:32:56 |